



Bord Oideachais agus Oilúna Dhún na nGall

Donegal Education and Training Board

FIT-4-FET

Get Fit for Further Education and Training with Donegal ETB

Are you unemployed and want to try a short course to see where it might take you?

Are you thinking about studying at FETAC Level 4 or 5 with Donegal ETB
but are wondering if you are ready?

Do you have you a Junior Certificate, FETAC Level 3 or equivalent and want
to brush up on your English, Maths, Computer Skills and Study Skill in only 12
weeks?

If you answer YES to any of these then the FIT-4-FET course might be for you!

The FIT-4-FET is a 12 week course that is all about getting FIT for Further Education and Training and is ideal for those with a minimum of Junior Certificate or FETAC Level 3. You may aim to study at FETAC Level 4 or 5, or you may have been out of education for some time and just want to start a short programme to see where it might take you. The Donegal ETB Adult Guidance and Information Service will also be supporting the course and offer one to one guidance for those who are unclear where to go next.

Course content

Study skills

Learning plans: study planner, research and referencing, mind mapping, assignment layout

English

English: written communication, including spelling; speaking and listening; reading.

Mathematics

Maths: number skills e.g. addition, multiplication, subtraction, measurement, money, length, area, volume, perimeter, handling data (e.g. tables, charts, averages)

Computer Skills

Information Technology: online communication (Internet and email);
word processing (creating letters and documents)

Start date: 24/02/15 End date: 27/05/15.

Days: Tuesday & Wednesday. Times: 9.30am – 12.45pm.

Location: Letterkenny

If you are interested in this course please complete the enclosed application form and return to:
**Patricia Britton BTEI County Co-ordinator, ETB Adult Education & Guidance Offices, 2nd Floor, Mc
Kendrick Place, Pearse Road, Letterkenny. 074 9168273 /074 9178088.**

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