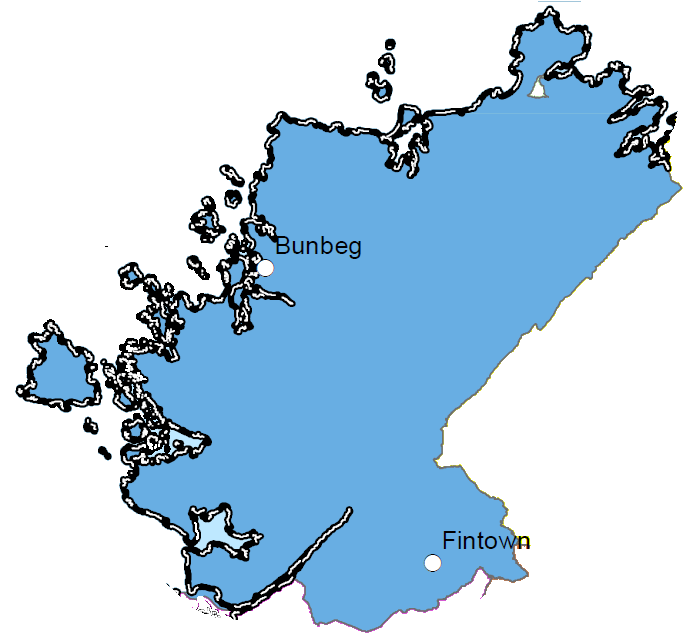
**North West Donegal Primary Care Network**

**Information Resource**

**Home**

[**Youth Services**](#Youth_Services)

[**Education**](#Education)

[**GP Surgeries**](#GP_Surgeries)

[**Family Support Services**](#Family_Support_Services)

[**Mental Health Services**](#Mental_Health_Services)

[**Advocacy**](#Advocacy)

[**Support Groups**](#Support_Groups)

[**Crisis Intervention Services**](#Crisis_Intervention_Services)

[**Education and Training**](#Education_and_Training)

[**Home**](#Home)

**Education**

**Post Primary**

|  |  |  |  |
| --- | --- | --- | --- |
| **School** | **Contact Person** | **Contact Address:** | **Telephone Number:** |
| Gairmscoil Mhic Diarmada  Arranmore  Mixed (VEC) | **Principal:** Mary Doherty  **Secretary:** Ann McGill  **SPHE Co-ordinator & Guidance Counsellor:** Noreen Martin | Arranmore Island  Co. Donegal | **Mobile:** 0862222742(principal)  **Tel:** 074 9520747  [annmcgill@donegalvec.ie](mailto:annmcgill@donegalvec.ie)  [gsmhicd@donegalvec.ie](mailto:gsmhicd@donegalvec.ie) |
| Pobailscoil Chloich Cheannfhaola  Falcarragh Community School  Mixed | **Principal:** Maeve Sweeney  **SPHE Co-ordinator:** Fionnuala Gallagher  **Guidance Counsellor:** Kate Mc Keever | Falcarragh  Co. Donegal | **Mobile:** 0877837056(principal)  **Tel:** 074 9135424  pccfalc@eircom.net |
| Rosses Community School  Mixed | **Principal:** John Gorman  **SPHE Co-ordinator & Guidance Counsellor:** Eilish Coakley | Rosses Community School  Dungloe  Co. Donegal    Pobalscoil na Rosann  An Clochan Liath  Co. Dhun na nGall | [jgorman@rossescommunityschool.ie](mailto:jgorman@rossescommunityschool.ie)    **Tel:** 074 95 21122  **Fax:** 074 95 21001 |
| Pobal Scoil Ghaoth Dobhair  [**Home**](#Home)  Mixed | **Principal:** Noel O’Gallagher  **SPHE Co-ordinator:** Alison McLean  **Guidance Counsellor:** Susan Ní Loinsigh  Brídín Ní Ghallachóir | Luinneach,  Derrybeg,  Letterkenny,  Co. Donegal | **Tel:** 074 9531311  **Mobile:** 087 9016457  [pobalscoilgd.ias@tinet.ie](mailto:pobalscoilgd.ias@tinet.ie)  [pobalscoilgd.ias@eircom.net](mailto:pobalscoilgd.ias@eircom.net) |
| Colaiste Pobail Colmcille  Mixed (VEC) | **Principal:** Maire Clar Nic Mhathuna  **Administrator:** Donna Nic Laifeartaigh | Tory Island  Derrybeg  Letterkenny  Co. Donegal | [cpcthorai@donegalvec.ie](mailto:cpcthorai@donegalvec.ie)  **Tel:** 074 9165448  **Mobile:** 086 8136319 |
| Gortahork Youth Reach  Mixed over 16 y/o – 21 y/o | **Co-ordinator**: Pat Morgan | Adult Education & Training Centre,  Gortahork  Co. Donegal | **Tel:** 074 91 35218  **Tel:** 074 91 80010  **Mobile:** 086 8214252 (pat)  [gortahorkyouthreach@donegalvec.ie](mailto:gortahorkyouthreach@donegalvec.ie) |

[**Home**](#Home)

**GP Surgeries**

|  |  |  |  |
| --- | --- | --- | --- |
| **Surgery** | **Contact Person** | **Contact address** | **Telephone Number** |
| Dungloe Medical Centre  Practice A | Dr. John Bannon | Dungloe  Co. Donegal | **Tel:** 074 9521099  [breda@dungloemedicalcentre.com](mailto:breda@dungloemedicalcentre.com) |
| Dungloe Medical Centre  Practice B | Dr Dara Mc Eniff | Medical Centre  Gweedore road  Dungloe  Co. Donegal | **Tel:** 074 9521933  [dungloegp@eircom.net](mailto:dungloegp@eircom.net) |
| Derrybeg Practice | Dr Therese Wheatley | Health Centre  Derrybeg  Co. Donegal | **Tel:** 074 9532334 |
| Bunbeg | Dr Anthony Delap  Dr Edward Harkin | Health Centre,  Bunbeg,  Letterkenny,  Co Donegal | **Tel:** 074 9532445  **Fax:** 074 9532448 |
| Health Centre, Ardara | Dr. Mireille Sweeney | Ardara | **Tel:** 074 9541134  **Fax:** 074 9541129 |
| Arranmore Health Centre | Dr. Kevin Quinn  **Public Health Nurse:** Suzanne Mc Garvey | Leabgarrow,  Arranmore,  Co. Donegal | **Tel:** 074 9520535  **Fax:** 074 9520102 |
| Health Centre, Burtonport | Dr Martin Brennan | Burtonport,  Co Donegal | **Tel:** 074 9562771  **Tel:** 074 9542879  **Tel:** 074 9548310 |
| Dunfanaghy / Creeslough | Dr. Paul Stewart  Julie  **Practice Nurse:** Bella Stewart | Dunfanaghy  Co. Donegal | **Dunfanagh**  **Tel:** 074 91 36527  **Creeslough**  **Tel:** 074 91 38388 |
| Falcarragh Health Centre | Dr Edward McHugh  Dr Francis Nelson  Dr. Gearoid O'Rourke | Falcarragh  Co. Donegal | **Tel:** 074 9135491  **Fax:** 074 9135490  [Falmed1@eircom.net](mailto:Falmed1@eircom.net) |
| Carrick Health Centre | Dr Heather McIntyre | Carrick H.C,  Carrick,  Co. Donegal | **Tel:** 074 9739380  **Fax:** 074 9739382 |
| Dunkineely Health Centre | Dr Jarlath Kelly | Dunkineely Health Centre,  Co Donegal | **Tel:** 074 9737106  **Tel:** 074 9737824  [dunkineelyhc@hotmail.com](mailto:dunkineelyhc@hotmail.com) |

[**Home**](#Home)

**Mental Health Services**

[**Home**](#Home)

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| CAMHS Clinic,  Outpatient clinic on Mondays  Donegal Health Clinic | Joanne Bonner | Dungloe Community Hospital  Dungloe  Co. Donegal | **Tel:** 0749521860 (reception)  Contact Letterkenny |
| Donegal Mental Health Service  NW sector | **Service Manager:** Liam Donnelly | Dungloe Community Hospital | **Mobile:** 087 3282793  [Liam.donnelly@hse.ie](mailto:Liam.donnelly@hse.ie)  **Tel:** 074 9521860 (reception) |
| Solas, HSE  Greenleaf Garden Centre lk | **Donegal training and personal support services manager:** Brendan Hone  Martin Collins | Solas Program  The Old Barracks  Falcarragh  Co. Donegal | **Mobile:** 087 2197148  [brendan.hone@hse.ie](mailto:brendan.hone@hse.ie)    **Tel/Fax:** 074 9165058  **Website:**  [www.solasdonegal.org](http://www.solasdonegal.org) |
| Occupational Guidance Officer - HSE  Organises supported employment for those with mental health needs | Angela Boyle | Training Service  Main Street  Dungloe  Co. Donegal | **Tel:** 074 9521969  **Mobile:** 087 6538173  [Angela.boyle@hse.ie](mailto:Angela.boyle@hse.ie) |
| Psychology HSE | **Psychologist:** Breda Logue | Dungloe  Community Hospital,  Dungloe | **Tel:** 074-9521160  [breda.logue@hse.ie](mailto:breda.logue@hse.ie) |
| Mental Health Association  [**Home**](#Home)  Cloughaneely  Falcarragh | Teresa Kenny | Ballyness,  Falcarragh  Co. Donegal | **Tel:** 074 9135236  [tesspkenny@eircom.net](mailto:tesspkenny@eircom.net)  Or  Contact Bill Vaughan  **Mobile:** 086 7723287 |
| Falcarragh Mental Health Service |  | Falcarragh Nursing Unit  Falcarragh  Co. Donegal | **Tel:** 074 9135104 – direct line |
| Dungloe Day Centre |  | Psychiatric Unit,  Dungloe community hospital  Dungloe  Co. Donegal | **Tel:** 074 9521860 |
| Work link North West  Self-referral possible | **Manager:** Theresa Haughey  **Contact Person for Dungloe:** Julia Flanagan | Caravan Rd,  Dungloe  Co. Donegal | **Tel:** 074 9561023/4  **Fax:** 074 9561025  [worklinknwdungloe@hse.ie](mailto:worklinknwdungloe@hse.ie) |
| Getting Together Club in the Rosses Monthly Social Club  Supports positive mental health and social contact for those who are socially isolated or lonely | Julia Flanaghan | c/o Worklink North West,  Caravan Road  Dungloe,  Co. Donegal | **Tel:** 074-9651024/3  [thegtrclub@gmail.com](mailto:thegtrclub@gmail.com) |

**Crisis Intervention Services**

[**Home**](#Home)

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Now Doc |  | Now Doc (Derrybeg) | **Tel:** 1850 400 911 |
| Child Protection Services |  | Euro House,  Killybegs Road,  Donegal Town,  Donegal West | **Tel:** 074 9723540 |
| Garda Station,  Glenties & Bunbeg |  | Main Street,  Glenties,  Co Donegal  Bunbeg,  Co. Donegal | **Tel:** 074 9551108 – Glenties District Head Quarter’s  **Fax:** 074 9551089 (Glenties)  **Glenties Opening hours:** 24hours  **Tel:** 074 9531333 (Bunbeg)  **Fax:** 074 9532966 (Bunbeg)  **Bunbeg Opening Hours**:  Mon - Sat 10.00am-1.00pm  Sun 12.00pm-2.00pm  **Website:** <http://www.garda.ie> |
| Garda Station - Dungloe  Opening Hours: 10.00-1.00 Mon to sat  Sunday - 12 - 2 pm |  | Dungloe Co. Donegal | **Tel:** 074 952 1000 |
| Burtonport  Garda Station |  | Burtonport Co. Donegal | **Tel:** 074 9542007 |
| Creeslough  Garda Station |  | Creeslough Co. Donegal | **Tel:** 074 9138002 |
| Dunfanaghy  Garda Station |  | Dunfanaghy Co. Donegal | **Tel:** 074 9136114 |

[**Home**](#Home)

[**Home**](#Home)

**Education and Training**

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Worklink, HSE | Julia Flanagan | Caravan Road  Dungloe  Co. Donegal | **Tel:** 074 9561024  [worklinknwdungloe@hse.ie](mailto:worklinknwdungloe@hse.ie) |
| Community Welfare Officer |  | Public Services Centre  Dungloe  Co. Donegal | **Tel:** 074 9522262 |
| Social Welfare Local Office  Dungloe |  | Public Services Centre  Gweedore road Dungloe Co. Donegal | **Tel:** 074 9561030/1  **Fax:** 074 9522091 |
| Social Welfare Local Office  Dunfanaghy |  | Dunfanaghy Co. Donegal | **Tel:** 074 913 6750  **Fax:** 074 913 6417 |
| Social Welfare Branch Office  Killybegs |  | Bridge Street Killybegs Co. Donegal | Branch office (main office in PSC Donegal Town)  **Tel:** 074 974 1010 |
| Supplementary Welfare Allowance Service Office  Falcarragh |  | Chaple Road,  Falcarragh  Co. Donegal | **Tel:** 074 9165006  Wednesday: 10:00 - 12:00 |

**Youth Services**

[**Home**](#Home)

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Pobail le Chéile  Pobail le Chéile delivers a number of Youth Work initiatives including the YARD Youth Arts, Recreation and Drama Project, Óige Le Chéile AFter-Schools Project for 8-12 year olds and we are active within Donegal Youth Service county-wide.  We also support the new LGBT youth initiative called BreakOut. | **Coordnóir:** Paul Kernan  **Admin:** Rosemary McFadden-Grain  **Tionscnamh Óige Youth Worker:** Micheál Cholm MacGiolla Easbuig  **JobBridge Programme - Youth Worker:** Aishling Ferry  **TUS Worker:** Martin Gallagher  **The Yard Youth Centre:** Maighread Curran | The YARD, An Fál Carrach, Leitir Ceanainn, Co. Dhún na nGall, Éire  The Yard Centre  Falcarragh  Co. Donegal | **Mobile:** 086 0841433  [paulkernan@eircom.net](mailto:paulkernan@eircom.net)  **Tel:** 074 9180111  pobaillc@eircom.net  **Website:** [www.pobaillc.com](http://www.pobaillc.com) |
| Óige na Gaeltachta  Have 30 youth clubs in Gaeltact in Donegal – provide support and funding for | **Oifigeach Oige an Iar Thuiscirt (Youth Officer for North West):** Sean Ó Fearraigh | An Chrannóg (gweedore)  Ná Dóirí Beaga (derrybeg)  Co Dhún ná nGall | **Mobile:** 0872441842  **Tel:** 074 9532956  [sean@onag.ie](mailto:sean@onag.ie) |
| Justice Project Falcarragh  Foroige  Seek to divert young people away from becoming involved in crime through community based activities | **Coordinator:** Catriona Boyle | An tSean Bheairic (the old barracks)  Falcarragh  Co. Donegal | **Tel:** 074 9180877  **Mobile:** 086-0476761  [catriona.boyle@foroige.ie](mailto:catriona.boyle@foroige.ie) |
| The Rosses Neighbourhood Youth Project Donegal  [**Home**](#Home)  Foroige | **Youth Worker:** Michelle Martin | The Rosses NYP  The Old School House  Quay Road  Dungloe  Co. Donegal | **Mobile:** 087 7971267  [michelle.martin@foroige.ie](mailto:michelle.martin@foroige.ie)  **Tel:** 074 9561931  [rossesnyp@eircom.net](mailto:rossesnyp@eircom.net) |
| Club oige chriost ri Youth Club  Affiliated to Oige na Gaeltacht and member of DYS | Maire Mhic Phaidin | Magherarty  Gortahork  Co. Donegal | **Mobile:** 0863174260  [ionadmr@gmail.com](mailto:ionadmr@gmail.com) |
| Dungloe Foroige Club Donegal  Burtonport Foroige Club Donegal | **Regional Youth Officer North Donegal:** Jacqueline Doherty | Dungloe  Burtonport | **Mobile:** 086 7808867  Facebook @ North Donegal Foroige Clubs |
| [Creeslough Youth Club](http://www.donegalyouthservice.ie/node/92)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Creeslough Youth club  Massinass Hall  Creeslough | **Tel:** 074 91 29630  **Opening Hours:**  Wed 6:00pm - 7:30pm for 9 to 12 year olds  7:30pm - 9:00pm for 12-14 year olds |
| [An Croí, Burtonport](http://www.donegalyouthservice.ie/node/78)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Acres Community Centre, Burtonport,  Co. Donegal | **Tel:** 074 91 29630 |
| Public Services Centre |  | Public Service Centre  Dungloe  Co. Donegal | **Tel:** 074 9559206  **Fax:** 074 9522366 |
| Big Brother Big Sister | Finghin Mc Lafferty | Level 2 Cedar House  Main Street,  Ballybofey  Co. Donegal | **Mobile:** 086-8213756  [finghinmclafferty@foroige.ie](mailto:finghinmclafferty@foroige.ie) |

[**Home**](#Home)

#

**Family Support Services**

[**Home**](#Home)

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Mevagh Family Resource Centre | **Coordinator:** Marrietta Herraghty | Aras Ros Goill  Downings  Co. Donegal | **Tel:** 074 9155055  [mevaghresourcecentre@eircom.net](mailto:mevaghresourcecentre@eircom.net) |
| Dunfanaghy Community and Family Resource Centre | **Coordinator:** Jean McLaughlin | Main Street  Dunfanaghy  Co. Donegal | **Tel:** 074 9136548  **Fax:** 074 9136202  [dunfresource@eircom.net](mailto:dunfresource@eircom.net) |
| Rosses CDP  Overcoming disadvantage in the Rosses Area by actively promoting participation equality of opportunity and social inclusion through building awareness, facilities and supporting local community development e.g. out of school services, charity shop and CV writing | **Co-ordinator:** Norah Cullinan Breslin | An Sean Tech  Gweedore Rd  Dungloe  Co. Donegal | **Tel:** 074 9561686  [rossescdp@eircom.net](mailto:rossescdp@eircom.net) |
| Ionad Naomh Pádraig  Resource and enterprise centre includes:  Youth centre for 137 children  Plus course and sports and arts and crafts for young people  Involved in primary home team | **Co-ordinator:** Mary Coyle  Cover Gweedore, the Rosses and over to Falcarragh. | Upper Dore  Bunbeg  Letterkenny  Co. Donegal | **Mobile:** 086 8259752 (Mary)  **Tel/Fax:** 074 9532949  [ionadnp@eircom.net](mailto:ionadnp@eircom.net) |
| Ionad Teampall Chroine  Resource and Enterprise Centre | **Coordinator:** Marie Quinn | Ionad Teampall Chróine  An Clochán Liath,  Dungloe,  Co Dhún na nGall  Ionad Teampall Chroine  Chapel Road Dungloe  Co Donegal | **Tel:** 074 9522198  **Fax:** 074 9522124  [theionad@eircom.net](mailto:theionad@eircom.net)  **Website:**  [www.dungloe.info](http://www.dungloe.info)  Facebook: Ionad Teampall Chroine |

[**Home**](#Home)

**Advocacy**

[**Home**](#Home)

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Dungloe Citizens Information Services | DCIS Manager | County Donegal Citizens Information Services,  Gweedore Road,  Dungloe  Co Donegal | **Tel:** 0761075430  [dungloe@citinfo.ie](mailto:dungloe@citinfo.ie)  **Website:**  [www.citizensinformation.ie](http://www.citizensinformation.ie) |
| MABS West Donegal | Noreen or Marie | Derrybeg  Letterkenny  Co Donegal | **Tel:** 0761072650  iarthardhunna[ngall@mabs.ie](mailto:ngall@mabs.ie)  **Website:**  [www.mabs.ie](http://www.mabs.ie) |

[**Home**](#Home)

**Support Groups**

|  |  |  |  |
| --- | --- | --- | --- |
| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| GROW | Maria Whelan | Chapel Road  Dunfanaghy | **Tel:** 1890 474 474  **Mobile:** 086 7702860 |
| GROW | Marie Whelan | Cotteen  Derrybeg | **Tel:** 1890 474 474  **Mobile:** 087 7707130 |
| GROW is a Mental Health Organisation which helps people who have suffered, or are suffering, from mental health problems. Members are helped to recover from all forms of mental breakdown, or indeed, to prevent such happening. GROW, founded in Australia in 1957 by former mental sufferers, has a national network of over 130 Groups in Ireland. Its principal strength is the support members give each other from their own experience in matters to do with mental health. | GROW  Or  Maria Whelan | Approach Dungloe past SUPERVALU Shopping Centre. Turn right at sign for Gorthork, hospital on the right  Monday  District Day Centre Hospital, Dungloe  Time: 7.30pm | **Tel:** 1890 474 474  **Mobile:** 086 7702860 |