**North West Donegal Primary Care Network**

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**Education**

**Post Primary**

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| **School** | **Contact Person** | **Contact Address:** | **Telephone Number:** |
| Gairmscoil Mhic DiarmadaArranmore Mixed (VEC) | **Principal:** Mary Doherty **Secretary:** Ann McGill**SPHE Co-ordinator & Guidance Counsellor:** Noreen Martin  | Arranmore Island Co. Donegal | **Mobile:** 0862222742(principal)**Tel:** 074 9520747annmcgill@donegalvec.iegsmhicd@donegalvec.ie |
| Pobailscoil Chloich CheannfhaolaFalcarragh Community SchoolMixed | **Principal:** Maeve Sweeney **SPHE Co-ordinator:** Fionnuala Gallagher**Guidance Counsellor:** Kate Mc Keever | Falcarragh Co. Donegal | **Mobile:** 0877837056(principal)**Tel:** 074 9135424pccfalc@eircom.net |
| Rosses Community SchoolMixed | **Principal:** John Gorman**SPHE Co-ordinator & Guidance Counsellor:** Eilish Coakley  | Rosses Community SchoolDungloeCo. Donegal Pobalscoil na RosannAn Clochan LiathCo. Dhun na nGall | jgorman@rossescommunityschool.ie  **Tel:** 074 95 21122**Fax:** 074 95 21001   |
| Pobal Scoil Ghaoth Dobhair [**Home**](#Home)Mixed | **Principal:** Noel O’Gallagher **SPHE Co-ordinator:** Alison McLean **Guidance Counsellor:** Susan Ní LoinsighBrídín Ní Ghallachóir | Luinneach, Derrybeg, Letterkenny, Co. Donegal | **Tel:** 074 9531311**Mobile:** 087 9016457pobalscoilgd.ias@tinet.iepobalscoilgd.ias@eircom.net |
| Colaiste Pobail ColmcilleMixed (VEC) | **Principal:** Maire Clar Nic Mhathuna**Administrator:** Donna Nic Laifeartaigh | Tory IslandDerrybegLetterkenny Co. Donegal | cpcthorai@donegalvec.ie**Tel:** 074 9165448**Mobile:** 086 8136319 |
| Gortahork Youth ReachMixed over 16 y/o – 21 y/o | **Co-ordinator**: Pat Morgan | Adult Education & Training Centre, GortahorkCo. Donegal | **Tel:** 074 91 35218**Tel:** 074 91 80010**Mobile:** 086 8214252 (pat) gortahorkyouthreach@donegalvec.ie |

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**GP Surgeries**

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| **Surgery** | **Contact Person**  | **Contact address** | **Telephone Number** |
| Dungloe Medical CentrePractice A | Dr. John Bannon | Dungloe Co. Donegal | **Tel:** 074 9521099breda@dungloemedicalcentre.com |
| Dungloe Medical Centre Practice B  | Dr Dara Mc Eniff | Medical CentreGweedore road DungloeCo. Donegal | **Tel:** 074 9521933dungloegp@eircom.net |
| Derrybeg Practice | Dr Therese Wheatley | Health Centre DerrybegCo. Donegal | **Tel:** 074 9532334 |
| Bunbeg | Dr Anthony DelapDr Edward Harkin  | Health Centre, Bunbeg, Letterkenny, Co Donegal | **Tel:** 074 9532445 **Fax:** 074 9532448  |
| Health Centre, Ardara | Dr. Mireille Sweeney | Ardara  | **Tel:** 074 9541134**Fax:** 074 9541129  |
| Arranmore Health Centre | Dr. Kevin Quinn**Public Health Nurse:** Suzanne Mc Garvey  | Leabgarrow, Arranmore, Co. Donegal  | **Tel:** 074 9520535**Fax:** 074 9520102 |
| Health Centre, Burtonport | Dr Martin Brennan  | Burtonport, Co Donegal | **Tel:** 074 9562771 **Tel:** 074 9542879 **Tel:** 074 9548310 |
| Dunfanaghy / Creeslough  | Dr. Paul StewartJulie**Practice Nurse:** Bella Stewart | DunfanaghyCo. Donegal  | **Dunfanagh****Tel:** 074 91 36527**Creeslough****Tel:** 074 91 38388 |
| Falcarragh Health Centre | Dr Edward McHugh Dr Francis NelsonDr. Gearoid O'Rourke | FalcarraghCo. Donegal | **Tel:** 074 9135491**Fax:** 074 9135490 Falmed1@eircom.net |
| Carrick Health Centre | Dr Heather McIntyre | Carrick H.C, Carrick, Co. Donegal | **Tel:** 074 9739380**Fax:** 074 9739382  |
| Dunkineely Health Centre | Dr Jarlath Kelly | Dunkineely Health Centre, Co Donegal | **Tel:** 074 9737106**Tel:** 074 9737824dunkineelyhc@hotmail.com |

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**Mental Health Services**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| CAMHS Clinic,Outpatient clinic on MondaysDonegal Health Clinic  | Joanne Bonner  | Dungloe Community HospitalDungloe Co. Donegal  | **Tel:** 0749521860 (reception)Contact Letterkenny |
| Donegal Mental Health ServiceNW sector  | **Service Manager:** Liam Donnelly | Dungloe Community Hospital  | **Mobile:** 087 3282793Liam.donnelly@hse.ie**Tel:** 074 9521860 (reception) |
| Solas, HSE Greenleaf Garden Centre lk | **Donegal training and personal support services manager:** Brendan HoneMartin Collins | Solas ProgramThe Old BarracksFalcarraghCo. Donegal  | **Mobile:** 087 2197148brendan.hone@hse.ie **Tel/Fax:** 074 9165058**Website:** [www.solasdonegal.org](http://www.solasdonegal.org) |
| Occupational Guidance Officer - HSE Organises supported employment for those with mental health needs | Angela Boyle | Training ServiceMain StreetDungloeCo. Donegal  | **Tel:** 074 9521969**Mobile:** 087 6538173Angela.boyle@hse.ie |
| Psychology HSE | **Psychologist:** Breda Logue | Dungloe Community Hospital, Dungloe  | **Tel:** 074-9521160breda.logue@hse.ie |
| Mental Health Association[**Home**](#Home)CloughaneelyFalcarragh | Teresa Kenny | Ballyness,FalcarraghCo. Donegal | **Tel:** 074 9135236 tesspkenny@eircom.netOrContact Bill Vaughan **Mobile:** 086 7723287 |
| Falcarragh Mental Health Service |  | Falcarragh Nursing Unit FalcarraghCo. Donegal  | **Tel:** 074 9135104 – direct line |
| Dungloe Day Centre |  | Psychiatric Unit, Dungloe community hospitalDungloeCo. Donegal  | **Tel:** 074 9521860  |
| Work link North WestSelf-referral possible  | **Manager:** Theresa Haughey**Contact Person for Dungloe:** Julia Flanagan | Caravan Rd, DungloeCo. Donegal  | **Tel:** 074 9561023/4**Fax:** 074 9561025worklinknwdungloe@hse.ie |
| Getting Together Club in the Rosses Monthly Social Club Supports positive mental health and social contact for those who are socially isolated or lonely | Julia Flanaghan | c/o Worklink North West, Caravan Road Dungloe, Co. Donegal | **Tel:** 074-9651024/3thegtrclub@gmail.com |

**Crisis Intervention Services**

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| **Service**  | **Contact Person** | **Contact Address**  | **Contact Number** |
| Now Doc |  | Now Doc (Derrybeg)  | **Tel:** 1850 400 911 |
| Child Protection Services |  | Euro House, Killybegs Road, Donegal Town, Donegal West | **Tel:** 074 9723540 |
| Garda Station, Glenties & Bunbeg |  | Main Street, Glenties, Co DonegalBunbeg, Co. Donegal | **Tel:** 074 9551108 – Glenties District Head Quarter’s **Fax:** 074 9551089 (Glenties)**Glenties Opening hours:** 24hours**Tel:** 074 9531333 (Bunbeg)**Fax:** 074 9532966 (Bunbeg) **Bunbeg Opening Hours**: Mon - Sat 10.00am-1.00pm Sun 12.00pm-2.00pm**Website:** <http://www.garda.ie> |
| Garda Station - Dungloe Opening Hours: 10.00-1.00 Mon to sat Sunday - 12 - 2 pm  |  | DungloeCo. Donegal | **Tel:** 074 952 1000 |
| Burtonport Garda Station |  | BurtonportCo. Donegal | **Tel:** 074 9542007 |
| CreesloughGarda Station |  | CreesloughCo. Donegal | **Tel:** 074 9138002 |
| DunfanaghyGarda Station |  | DunfanaghyCo. Donegal | **Tel:** 074 9136114 |

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**Education and Training**

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| **Service**  | **Contact Person** | **Contact Address** | **Contact Number**  |
| Worklink, HSE | Julia Flanagan | Caravan RoadDungloeCo. Donegal | **Tel:** 074 9561024worklinknwdungloe@hse.ie |
| Community Welfare Officer |  | Public Services CentreDungloe Co. Donegal  | **Tel:** 074 9522262 |
| Social Welfare Local OfficeDungloe |  | Public Services CentreGweedore roadDungloeCo. Donegal | **Tel:** 074 9561030/1**Fax:** 074 9522091 |
| Social Welfare Local OfficeDunfanaghy |  | DunfanaghyCo. Donegal | **Tel:** 074 913 6750**Fax:** 074 913 6417 |
| Social Welfare Branch OfficeKillybegs |  | Bridge StreetKillybegsCo. Donegal | Branch office (main office in PSC Donegal Town)**Tel:** 074 974 1010 |
| Supplementary Welfare Allowance Service Office Falcarragh  |  | Chaple Road,FalcarraghCo. Donegal  | **Tel:** 074 9165006 Wednesday: 10:00 - 12:00 |

**Youth Services**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| Pobail le ChéilePobail le Chéile delivers a number of Youth Work initiatives including the YARD Youth Arts, Recreation and Drama Project, Óige Le Chéile AFter-Schools Project for 8-12 year olds and we are active within Donegal Youth Service county-wide.We also support the new LGBT youth initiative called BreakOut. | **Coordnóir:** Paul Kernan **Admin:** Rosemary McFadden-Grain **Tionscnamh Óige Youth Worker:** Micheál Cholm MacGiolla Easbuig **JobBridge Programme - Youth Worker:** Aishling Ferry**TUS Worker:** Martin Gallagher**The Yard Youth Centre:** Maighread Curran  | The YARD, An Fál Carrach, Leitir Ceanainn, Co. Dhún na nGall, Éire The Yard Centre FalcarraghCo. Donegal | **Mobile:** 086 0841433paulkernan@eircom.net**Tel:** 074 9180111 pobaillc@eircom.net **Website:** [www.pobaillc.com](http://www.pobaillc.com)   |
| Óige na Gaeltachta Have 30 youth clubs in Gaeltact in Donegal – provide support and funding for  | **Oifigeach Oige an Iar Thuiscirt (Youth Officer for North West):** Sean Ó Fearraigh  | An Chrannóg (gweedore)Ná Dóirí Beaga (derrybeg)Co Dhún ná nGall | **Mobile:** 0872441842 **Tel:** 074 9532956 sean@onag.ie |
| Justice Project Falcarragh Foroige Seek to divert young people away from becoming involved in crime through community based activities | **Coordinator:** Catriona Boyle | An tSean Bheairic (the old barracks)Falcarragh Co. Donegal  | **Tel:** 074 9180877**Mobile:** 086-0476761catriona.boyle@foroige.ie |
| The Rosses Neighbourhood Youth Project Donegal[**Home**](#Home)Foroige | **Youth Worker:** Michelle Martin | The Rosses NYPThe Old School HouseQuay RoadDungloeCo. Donegal | **Mobile:** 087 7971267michelle.martin@foroige.ie**Tel:** 074 9561931rossesnyp@eircom.net |
| Club oige chriost ri Youth ClubAffiliated to Oige na Gaeltacht and member of DYS | Maire Mhic Phaidin  | MagherartyGortahorkCo. Donegal | **Mobile:** 0863174260ionadmr@gmail.com |
| Dungloe Foroige ClubDonegalBurtonport Foroige ClubDonegal | **Regional Youth Officer North Donegal:** Jacqueline Doherty | DungloeBurtonport | **Mobile:** 086 7808867Facebook @ North Donegal Foroige Clubs |
| [Creeslough Youth Club](http://www.donegalyouthservice.ie/node/92) DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Creeslough Youth clubMassinass HallCreeslough | **Tel:** 074 91 29630**Opening Hours:** Wed 6:00pm - 7:30pm for 9 to 12 year olds7:30pm - 9:00pm for 12-14 year olds |
| [An Croí, Burtonport](http://www.donegalyouthservice.ie/node/78)DYS  | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Acres Community Centre, Burtonport, Co. Donegal | **Tel:** 074 91 29630 |
| Public Services Centre |  | Public Service CentreDungloeCo. Donegal  | **Tel:** 074 9559206**Fax:** 074 9522366  |
| Big Brother Big Sister | Finghin Mc Lafferty | Level 2 Cedar HouseMain Street,BallybofeyCo. Donegal | **Mobile:** 086-8213756finghinmclafferty@foroige.ie |

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**Family Support Services**

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| **Service** | **Contact Person**  | **Contact Address** | **Contact Number**  |
| Mevagh Family Resource Centre  | **Coordinator:** Marrietta Herraghty | Aras Ros GoillDowningsCo. Donegal | **Tel:** 074 9155055mevaghresourcecentre@eircom.net  |
| Dunfanaghy Community and Family Resource Centre  | **Coordinator:** Jean McLaughlin | Main Street DunfanaghyCo. Donegal | **Tel:** 074 9136548**Fax:** 074 9136202dunfresource@eircom.net |
| Rosses CDPOvercoming disadvantage in the Rosses Area by actively promoting participation equality of opportunity and social inclusion through building awareness, facilities and supporting local community development e.g. out of school services, charity shop and CV writing | **Co-ordinator:** Norah Cullinan Breslin | An Sean TechGweedore RdDungloeCo. Donegal | **Tel:** 074 9561686rossescdp@eircom.net |
| Ionad Naomh Pádraig Resource and enterprise centre includes:Youth centre for 137 childrenPlus course and sports and arts and crafts for young peopleInvolved in primary home team | **Co-ordinator:** Mary CoyleCover Gweedore, the Rosses and over to Falcarragh. | Upper Dore BunbegLetterkennyCo. Donegal | **Mobile:** 086 8259752 (Mary)**Tel/Fax:** 074 9532949ionadnp@eircom.net |
| Ionad Teampall Chroine Resource and Enterprise Centre | **Coordinator:** Marie Quinn | Ionad Teampall Chróine An Clochán Liath, Dungloe,Co Dhún na nGallIonad Teampall ChroineChapel Road DungloeCo Donegal | **Tel:** 074 9522198**Fax:** 074 9522124theionad@eircom.net**Website:** [www.dungloe.info](http://www.dungloe.info)Facebook: Ionad Teampall Chroine  |

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**Advocacy**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| Dungloe Citizens Information Services | DCIS Manager  | County Donegal Citizens Information Services,Gweedore Road,DungloeCo Donegal  | **Tel:** 0761075430dungloe@citinfo.ie**Website:**[www.citizensinformation.ie](http://www.citizensinformation.ie) |
| MABS West Donegal | Noreen or Marie | DerrybegLetterkenny Co Donegal  | **Tel:** 0761072650iarthardhunnangall@mabs.ie**Website:**[www.mabs.ie](http://www.mabs.ie) |

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**Support Groups**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| GROW  | Maria Whelan | Chapel Road Dunfanaghy  | **Tel:** 1890 474 474**Mobile:** 086 7702860 |
| GROW | Marie Whelan | Cotteen Derrybeg | **Tel:** 1890 474 474**Mobile:** 087 7707130 |
| GROW is a Mental Health Organisation which helps people who have suffered, or are suffering, from mental health problems. Members are helped to recover from all forms of mental breakdown, or indeed, to prevent such happening. GROW, founded in Australia in 1957 by former mental sufferers, has a national network of over 130 Groups in Ireland. Its principal strength is the support members give each other from their own experience in matters to do with mental health. | GROW OrMaria Whelan | Approach Dungloe past SUPERVALU Shopping Centre. Turn right at sign for Gorthork, hospital on the rightMondayDistrict Day Centre Hospital, Dungloe Time: 7.30pm  | **Tel:** 1890 474 474**Mobile:** 086 7702860 |