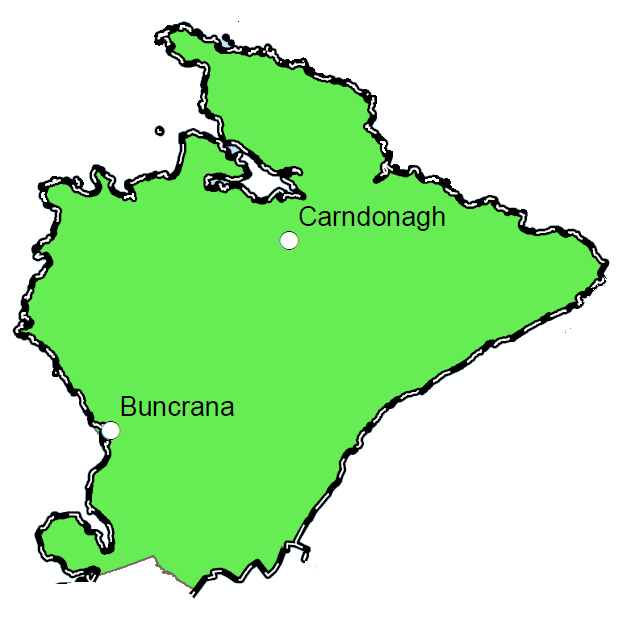
**Inishowen Primary Care Network**

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**Information Resource**



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**Education**

**Post Primary**

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| **School** | **Contact Person** | **Contact Address** | **Telephone** |
| Moville Community College    [**Home**](#Home)  Mixed (VEC) | **Principal:** Anthony Doogan  **School Secretary:** Breda McGroarty  **SPHE Co-Ordinator:** Tom Mc Cabe    **Guidance Counsellor:** Sinead Mc Carron | Carrownaff  Moville  Co. Donegal | **Mobile:** 086 9372849  [anthonydoogan@donegalvec.ie](mailto:anthonydoogan@donegalvec.ie)  **Tel:** 074 9385988  [moville@donegalvec.ie](mailto:moville@donegalvec.ie) |
| Carndonagh Community School  Mixed | **Principal:** Paul Fiorentini  **Deputy Principal:** John mc Guinness, Owen Mc Conway  **SPHE Co-ordinator:** Kathleen Byrne  **HSCH:** Elaine Meehan  **Guidance Counsellor:** Liam Harkin | PO Box No. 4  Carndonagh  Co. Donegal  **This email address is being protected from spambots. You need JavaScript enabled to view it.**  **This email address is being protected from spambots. You need JavaScript enabled to view it.** | [p.fiorentini@carndonaghcs.ie](mailto:p.fiorentini@carndonaghcs.ie)  **Mobile:** 086 8209421  [o.mcconway@carndonaghcs.ie](mailto:o.mcconway@carndonaghcs.ie)  [mskathleenbyrne@eircom.net](mailto:mskathleenbyrne@eircom.net)  **Mobile:** 0879014629  [e.meehan@carndonaghcs.ie](mailto:e.meehan@carndonaghcs.ie)  [ccsguidance@eircom.net](mailto:ccsguidance@eircom.net)  **Tel:** 074 9374260  [admin@carndonaghcs.ie](mailto:admin@carndonaghcs.ie) |
| Crana College  [**Home**](#Home)  Mixed (VEC) | **Principal:** Liam Gailbraith  **Guidance Counsellor:** Mary Galbraith & Anne Mc Elhinney  **SPHE Co-ordinator:** Cathy Doherty &  Gerry Casey | Crana Road Buncrana Inishowen Co. Donegal | [liamgalbraith@donegalvec.ie](mailto:liamgalbraith@donegalvec.ie)  **Mobile:** 0868511617- Mary  **Mobile:** 087 6165636 – Anne  [annemcelhinney@donegalvec.ie](mailto:annemcelhinney@donegalvec.ie)  [cathydoherty@donegalvec.ie](mailto:cathydoherty@donegalvec.ie)  **Tel:** 074 93 61113  **Fax:** 074 93 61266  [cranacollege@donegalvec.ie](mailto:cranacollege@donegalvec.ie) |
| Cholaiste Cineal Eoghain  Mixed (VEC) | **Principal:** Eabha Ní Mhonachain  **Administrator:** Brigid McCracken  **SPHE Co-Ordinator:** Seosaimhin Ní Ghallchoir | Buncrana  Co. Donegal | **Tel:** 074 9322350 |
| Scoil Mhuire  Mixed | **Principal:** Liam Rainey  **SPHE Co-ordinator:**Rois Deeney  **Guidance Counsellor:** Rosaleen Grant | St. Oran’s Road  Buncrana  Co. Donegal | **Tel:** 074 9361065  [info@scoilmhuirebuncrana.ie](mailto:info@scoilmhuirebuncrana.ie)  **Website:** [www.scoilmhuirebuncrana.ie](http://www.scoilmhuirebuncrana.ie) |
| North Inishowen S.C.P  [**Home**](#Home)  The School Completion Programme (SCP) is a Department of Education initiative aimed at reducing the number of young people who leave school early. The North Inishowen School Completion Programme includes Carndonagh Community School and six feeder primary schools; supporting young people between the ages of 4 and 18 who are at risk of early school leaving.  *These include:*  Attendance Tracking and Monitoring Breakfast Clubs/After-School Supports/Homework Clubs Transfer Programmes Out-of-School Programmes Holiday Programmes Mentoring Programmes Learning Support Programmes Social and Personal Development Programmes Parental Programmes and Family Support Therapeutic Support  There are four projects in Donegal based in Carndonagh, Buncrana. Raphoe and Stranorlar. | **Co-ordinator:** Marie Therese McDaid  **Project Worker:** Amanda Harkin. | Cardonagh Community School Carndonagh  Co. Donegal | **Tel:** 074 9373436  [niscp@eircom.net](mailto:niscp@eircom.net) |
| Buncrana Youth Reach  [**Home**](#Home) | **Co-ordinator:** Jayne O Donnell | Adult Education & Training Centre,  Shore Road,  Buncrana  Co. Donegal | **Mobile:** 086 851 9942 [jayneodonnell@donegalvec.ie](mailto:jayneodonnell@donegalvec.ie)  **Tel:** 074 93 62466  **Fax:** 074 93 20986 |
| Glengad Youthreach  *(Outreach from Buncrana)*  Open Monday Tuesday and Friday    Best to ring Buncrana Youth Reach first | **Co-ordinator:** Jayne O Donnell | Training Centre,  Culkenny,  Glengad  Co. Donegal | **Mobile:** 086 851 9942  [jayneodonnell@donegalvec.ie](mailto:jayneodonnell@donegalvec.ie)  **Tel:** 074 93 70004  **Fax:** 074 93 70080 |
| Youthreach County Coordinator  Co Donegal VEC | **County Co-ordinator:** Dr Sandra Buchanan | 24 Millfield Heights Buncrana Co Donegal Ireland | **Mobile:** [086 3800 290](tel:086%203800%20290)  [sandrabuchanan@donegalvec.ie](mailto:sandrabuchanan@donegalvec.ie)  **Tel:** [074 93 20908](tel:00%20353%2074%2093%2020908) |

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| **School**  **GP Surgeries** | **Contact Person** | **Contact Address** | **Telephone** |
| GP & GP Training Scheme  [**Home**](#Home) | Dr. Sarah Maguire | Clonmany Medical Centre  Clonmany  Co. Donegal | **Mobile:** 086 8154287  [sarahemaguire@yahoo.co.uk](mailto:sarahemaguire@yahoo.co.uk) |
| Buncrana Medical Centre | Dr. Maria Bradley  Dr. Michael Kennedy  Dr. Paul. Grant  Dr. Seamus O’Domhmaill  Dr. Ciara Steele | GP Unit  Maginn Avenue  Buncrana  Co. Donegal | **Tel:** 074 9363611  **Fax:** 0749363760 |
| Carndonagh Community Hospital  Carndonagh Practice | Dr. Emer Gavin  Dr Catherine Falls  Dr J. Madden | Health Centre,  Carndonagh,  Co. Donegal. | **Tel:** 074 9374262  **Fax:** 074 9374790 |
| Carndonagh Millbrae Surgery | Dr. Ken Devlin  Dr. Siofra.Nic An Bhretihiun  Dr. Seamus Kelly | Milbrae Surgery,  Carndonagh,  Co. Donegal | **Tel:** 074 9374644  **Fax:** 074 9374214  [www.millbraesurgery.ie](http://www.millbraesurgery.ie) (can leave messages here for GP) |
| Clonmany Health Centre | Dr. Paul Van Dessel  Dr. Frank Fogarty | Health Centre  Clonmany  Co. Donegal | **Tel:** 074 9376173  **Fax:** 074 9376920  [clonmanysurgery@eircom.net](mailto:clonmanysurgery@eircom.net)  **Website:** [www.clonmanymedical.ie](http://www.clonmanymedical.ie) |
| Moville Health Centre | Dr Daniel McGinley  Dr Garrett Duffy  Dr Geoffrey Bourke | Health Centre,  Moville,  Co Donegal | **Tel:** 074 9382049/82408  **Fax:** 074 9382538  [info@movillegp.com](mailto:info@movillegp.com) |
| **GP Out of Hours** This service operates for people who need to access a GP outside their own GP opening hours. Services usually operate from 6pm – 9am Monday - Saturday and 12noon Saturday - to 9am Monday morning. |  |  | **Inishowen Now Doc Service**  **1850 400 or 911** |

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**Mental Health Services**

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| **Service** | **Contact Person** | **Contact Address** | **Telephone** |
| CAMHS | **Consultant Child and Adolescent Psychiatrist:** Dr Don Mc Dywer  **Consultant Child and Adolescent Psychiatrist:**Dr. Annemarie Robertson -covers Inishowen  **Child Care Worker:** Claire Casey (off on maternity leave) | Child and Adolescent Mental Health Service  1st  Floor  Park House  Rossan College Complex  Ballyraine  Letterkenny  Co. Donegal | **Tel:** 074 9120340  **Fax:** 074 91 20341  **Mobile:** 087 6949913 [claire.casey@hse.ie](mailto:Claire.casey@hse.ie) |
| Child Psychology Service | **Child Psychologist:** Clare Madden  **Child Psychologist:** Elizabeth Mc Quaid  **Child Psychologist:** Fiona Mulhern | 12 Ardaravan Square  Buncrana  Co. Donegal | **Tel:** 074 93 42 174  [clare.madden@hse.ie](mailto:clare.madden@hse.ie)  **Tel:** 074 93 42172  [elizabeth.mcquaid@hse.ie](mailto:Elizabeth.mcquaid@hse.ie)  **Tel:** 074 93 42173  [fiona.mulhern@hse.ie](mailto:Fiona.mulhern@hse.ie) |
| Learning Disability/Older People | Eileen Gill | 12 Ardaravan Square  Buncrana  Co. Donegal | **Tel:** 074 93 42175  [eileen.gill@hse.ie](mailto:eileen.gill@hse.ie) |
| Community Mental Health Team HSE  [**Home**](#Home) | **Team Manager:** Eamon Sweeney  **Mental Health Team:** Christina Corbett  **Addiction Services:** Seamus McHugh | Community Nursing Unit  Maginn avenue  Buncrana  Co. Donegal | **Tel:** 074 9362529  **Mobile:** 087 2406088  [eamon.sweeney@hse.ie](mailto:Eamon.sweeney@hse.ie)  [christina.corbett@hse.ie](mailto:Christina.corbett@hse.ie)  [Seamus.mchugh@hse.ie](mailto:Seamus.mchugh@hse.ie) |
| Public Health Nurse | **Public Health Nurse:** Anna Mc Laughlin | Muff Health Centre  Muff  Co. Donegal | **Tel:** 074 9384607  [Anna.mclaughlin@hse.ie](mailto:Anna.mclaughlin@hse.ie)  [nurseannamclaughlin@hotmail.com](mailto:nurseannamclaughlin@hotmail.com) |
| Clonmany Mental Health Association  High support Unit   * People with mental health needs | **Manager:** Kathleen Doherty  Mario Comiskey | St. Columbcille Village,  Cleagh,  Clonmany  Co. Donegal | **Tel:** 074 93 78710  **Tel:** 074 93 76925  [khsu@eircom.net](mailto:khsu@eircom.net) |
| Moville Mental Health Association  To promote positive mental through education | **Manager:** Maura Cannon  **Treasurer:** Annette Faulkner | Serenity House  2 Montgomery Terrace  Moville  Co. Donegal | **Tel:** 074 9382945  **Fax:** 074 93 82757  [serenityhouse@eircom.net](mailto:serenityhouse@eircom.net) |
| SRU (Supervised Residential Unit)  [**Home**](#Home)  Adults with enduring mental illness both day care residential  (Carndonagh, Day Centre)  Part of Donegal Mental Health Services) | **Clinical Nurse Manager:** Denise Curtain  **Assistant Director Nursing:** Eammon Sweeney | Convent Rd.,  Carndonagh  Co. Donegal | **Tel:** 074 9373336  **Fax:** 074 9373345 |
| Worklink | Cathy Furey | Ard Chlochar,  Carndonagh  Co. Donegal | **Tel:** 074 9329718 |
| Buncrana Day Centre |  | Buncrana  Co. Donegal | **Tel:** 074 9362529 |

**Crisis Intervention Services**

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| **Service** | **Contact Person** | **Contact Address** | **Telephone** |
| St. Vincent de Paul | Packie Farren |  | [svpnorthwest@gmail.com](mailto:svpnorthwest@gmail.com) |
| Now Doc | Inishowen Now Doc Service |  | **Call:** 1850 400 911 |
| Lifeline Inishowen Domestic Violence Service   * Counselling and support for women and children * Court accompaniment * Training and awareness * Drop in * Helpline * advice and support re; benefits | **Manager:** Mary Doherty  **Women’s Counsellor:** Michaela Mc Laughlin | I New Park  Carndonagh  Inishowen,  [Co. Donegal](http://www.socialwork.ie/socialwork/web-directory/search-by/city/Co.%20Donegal) | **Tel:** 07493 73337 (Admin – Laura)  **Helpline:** 074 93 73232  **Website:** [www.ldvs.org](http://www.ldvs.org)  Facebook: lifeline.inishowen face book  **Twitter:**[support@ldvs.org](mailto:support@ldvs.org)  **Opening Hours:**  10am- 1.30pm Monday to Friday |
| Community Welfare Officer  [**Home**](#Home)  Malin  Moville  Muff  Clonmany  Carndonagh  Buncrana |  | Health Centre  Health Centre  Health Centre  HSE Day Centre  Supplementary Welfare Allowance Service Office, Public Service Centre Donegal  10 St Mary's Car Park Donegal | Tel: 074 9370637  Tel: 074 9382941 **Fax:** 074 9385099  Thursday: 14:00 - 16:00  Friday: 10:00 - 12:00  Tel: 074 9384360  Thursday: 10:00 - 12:00  Tel: 074 9376919  Wednesday: 11:00 - 12:00  Tel: 074 9329484  Friday: 11:00 - 13:00  Tel: 074 9322003 074 9322013 Tel: 074 9322011 074 9322015  **Fax:** 074 9322014  Tuesday: 10:00 - 12:00 Thursday: 10:00 - 12:00 |
| Donegal Child Protection Services  [**Home**](#Home)  During office hours there is a duty social worker available at the addresses listed and they respond to all enquiries in relation to child protection or welfare issues in respect of children.  The service strives to respond to each report on the day that it is received or the following day | Any query or concern in relation to children out of hours should be reported immediately to An Garda Siochana. | Links Business Centre, Lisfannon,  Buncrana,  Donegal | **Tel:** 074 9320420 |
| An Garda Siochana - Community Relations  Carndonagh is in the Donegal Division and in Buncrana District | **District Officer:** Superintendent Kevin English | Carndonagh Garda Station, Malin Road,  Carndonagh, Co. Donegal | **Tel:** 074 9374109 **Fax:** 074 9374183  Buncrana **District HQ Tel:** 074 9320547 |
| Ambulance Service |  |  | **Tel:** 999/112 |
| Garda Síochána (24 hours) |  |  | **Tel:** 999/112 |
| Rape Crisis Centre National Helpline (24 hours) |  |  | **Tel:** 1800 778888 |
| Women’s Aid Helpline (10am to 10pm |  |  | **Tel:** 1800 341900 |
| AMEN Helpline for Men who experience Domestic Abuse |  |  | **Tel:** 046 90 23 718 |

**Education and Training**

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| **Service** | **Contact Person** | **Contact Address** | **Telephone** |
| Worklink  Self-referral possible  Mental health difficult re; rehabilitation training for personal development and work | **County Manager:** Teresa Haughey  **Manager Carndonagh:** Cathy Furey  **Facilitator:** Christine O’Kane | Ard Chlochar  Carndonagh  Co. Donegal | **Tel:** 074 9128872 – Letterkenny number  **Tel:** 074 9329718 - Carndonagh  [worklinknwcarn@hse.ie](mailto:worklinknwcarn@hse.ie)  [christineokane@gmail.com](mailto:christineokane@gmail.com)  [christine.okane@hse.ie](mailto:christine.okane@hse.ie) |
| Department of Social Protection   * Training and development fund * Back to education allowance * Labour market activation programmes * Internship scheme – jkob bridge * www. Jobbridge.ie   DSP / Employment Services | **Employment Case Officer:** Thomas Timlin – under INTROE office, welfare office  These services are available throughout social welfare offices in Donegal  Donal Dunn | Buncrana office  Mc Carters Road  Ardraven  St. Marys Road  Buncrana  Co. Donegal | **Tel:** 074 9364600  **Mobile:** 087 2156315  [Thomas.timlin@fas.ie](mailto:Thomas.timlin@fas.ie)  **Tel:** 074 9361361  **Mobile:** 087 2138414  [donaldunn@welfare.ie](mailto:donaldunn@welfare.ie)  [donal.dunn@fas.ie](mailto:donal.dunn@fas.ie) |
| Inishowen Development Partnership (IDP)  [**Home**](#Home) | Catherine Mc Colgan  Shauna Mc Clenaghan  Denise McCool  Andrew Ward | St Mary’s Road  Buncrana  Co. Donegal | **Tel:** 07810172264  [catherine@inishowen.ie](mailto:Catherine@inishowen.ie)  **Tel:** 074 9362218  [shauna@inishowen.ie](mailto:shauna@inishowen.ie)  **Tel:** 086 1740958  [denise@inishowen.ie](mailto:denise@inishowen.ie)  **Tel:** 074 9373083  [andrew@inishowen.ie](mailto:andrew@inishowen.ie)  **Website:**  <http://www.inishowen.ie> |

**Youth Services**

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| **Service** | **Contact Person** | **Contact Address** | **Telephone** |
| Carndonagh Foroige Club  Carndonagh Foroige Club (2) | **Regional Youth Officer:** Jacqueline Doherty  (North Donegal from Ballybofey to Inishowen) | Level 2  Cedar House Main Street Ballybofey  Carndonagh | **Mobile:** 086-7808867  [Jacqueline.doherty@foroige.ie](mailto:Jacqueline.doherty@foroige.ie) |
| Muff Youth Club  DYS | **Contact Person:** Sheena Boyle-Laverty / Charlene Logue | St. Mary's Hall,  Muff,  Co. Donegal | **Tel:** 074 91 29630  **Mobile:** 086 8621396 (Sheena)  **Mobile:**086 3817959 (Charlene)  obile: :herty –er Cardonaghg  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Hours:**  Saturday: 7:00pm - 8:30pm  Junior group (8 to 11 year olds)  Monday: 8:00 pm - 9:30 pm  Senior group ( 12 + years) |
| Glengad Youth Club  [**Home**](#Home)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Glengad Community Centre, Glengad,  Co. Donegal | **Tel:** 074 9129630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Hours:**  Monday to Friday: 3:30pm - 11pm  Saturday: 9:30am - 7pm  Sunday: 9:30am - 7pm |
| [St. Brigids Youth Club, Clonmany, Co. Donegal](http://www.donegalyouthservice.ie/node/73)  DYS | **Contact Person:** Sheena Boyle-Laverty/ Charlene Logue | St. Brigid's Community Centre | **Tel:** 074 91 29630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Hours:**  Monday to Friday: 3pm - 11pm.  Saturday: 10am - 10pm  Sunday: 2pm - 9 pm |
| [Malin Head Youth Club](http://www.donegalyouthservice.ie/node/74)  DYS | **Contact Person:** Sheena Boyle-Laverty/ Charlene Logue | Malin GAA Centre & Glengad Community Centre | **Tel:** 074 9129630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Hours:**  Monday to Friday: 3pm to 11pm  Saturday/Sunday: 10am to 8 pm |
| [Greencastle Youth Club](http://www.donegalyouthservice.ie/node/104)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Greencastle Community Resource Ctr., Greencastle, Co. Donegal | **Tel:** 074 9129630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Times:**  Monday/Thursday 6.30pm to 9.30pm |
| [Moville Youth Club](http://www.donegalyouthservice.ie/node/87)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | St. Eugene's Hall  Moville  Co. Donegal | **Tel:** 074 9129630  **Opening Hours:**  7pm - 10pm every Thursday night. |
| [Cockhill Youth Club](http://www.donegalyouthservice.ie/node/83) DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Cockhill Youth Club  Cockhill  Buncrana  Co. Donegal | **Tel:** 074 9129630  **Opening Hours:**  Monday/Tuesday : 5:30pm - 9pm  Wednesday/Thursday: 6:00 - 9:30 pm  Friday: 6:30pm - 9:30 pm  Saturday: 10am - 2pm |
| Foroige   * Referrals from social work directly * Linking young people into supports in local * Needs lead by young people that are presenting | **Integrated Youth Worker - Social Work Team in Buncrana:** Mark Curran | Links Business Centre  Lisfannon  Buncrana  Co. Donegal | **Mobile:** 086 0479795  [Mark.curran@foroige.ie](mailto:Mark.curran@foroige.ie) |
| Buncrana Youth Drop In  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Main Street,  Buncrana  Co. Donegal | **Tel:** 074 9129630 |
| Scouting Ireland | **Provincial Support Officer:** Kevin Ferguson | Lower Town  Malin  Co. Donegal | **Mobile:** 086 0473459  [kferguson@scouts.ie](mailto:kferguson@scouts.ie) |

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**Family Support Services**

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| **Service** | **Contact Person** | **Contact Address** | **Telephone** |
| Moville and District Family Resource Centre | **Co-ordinator:** Mary Mc Kinney  **Development:** Michael McDermott  **Administrator:** Rosleen Smith | Montgomery Terrace ,  Moville  Co. Donegal | **Tel:** 074 93 85548  [info@movillefrc.com](mailto:info@movillefrc.com) |
| Inishowen Family Action Network (IFAN)  Buncrana  Support for Parents | Shauna Mc Clenaghan  Denise mc cool  **IFAN Youth Worker:** Maria Stevens | Inishowen Family Action Network  c/o IDP, St Marys Road  Buncrana  5 Millers Way  Carndonagh | **Tel:** 074 93 62218  [shauna@inishowen.ie](mailto:shauna@inishowen.ie)  **Mobile:** 087 2708797  [mariastevens@eircom.net](mailto:mariastevens@eircom.net) |
| Parents Stop Inishowen | Gertrude Houton | 5 Millers Way  Millbrae  Carndonagh  Co. Donegal | **Tel:** 074 9373493  [Parentstopinishowen@eircom.net](mailto:Parentstopinishowen@eircom.net)  **Mobile:** 087 9880476  [patricialee@parentstop.ie](mailto:patricialee@parentstop.ie) |
| Serenity House Education Centre  Moville |  | 2 Montgomery Terrace,  Moville  Co. Donegal | **Tel:** 074 9382945  [serenityhouse@eircom.net](mailto:serenityhouse@eircom.net) |
| Clonmany Youth & Community Resource Centre   * Education * Sports * Craft centre * Preschool * Youth club | **Manager:** Kathleen Coady | Clonmany  Inishowen  Co. Donegal | **Tel:** 074 9376772  [k\_coady@hotmail.com](mailto:k_coady@hotmail.com) |
| Glengad Community | Paul Murray | Ballmena  Glengad | **Mobile:** 085 1661780  [Paulmurray55@eircom.net](mailto:Paulmurray55@eircom.net) |
| Insight Inishowen | **Chairperson:** Breda Friel  **Vice Chair:** Denise Gallanagh-Wood | c/o IDP  in one moth new premises will be located at;  The exchange  Castle street  Buncrana  Co. Donegal | **Mobile:** 086 4019987  [info@starrsdevelopment.com](mailto:info@starrsdevelopment.com) |
| Buncrana Community Leisure Centre |  | Shore Front, Buncrana  Ballymacary Lower  Co. Donegal | **Tel:** 074 9361000  [buncranaleisurecentre@eircom.net](mailto:buncranaleisurecentre@eircom.net) |

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**Advocacy**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| MABS | Gerry Murray | 16 Ardaravan Square  Buncrana  Co. Donegal | **Tel:** 0761072470  [Buncrana@mabs.ie](mailto:Buncrana@mabs.ie) |
| Citizens Information  Buncrana |  | Buncrana CIC 12 Lower Main Street Buncrana Co. Donegal | **Tel:** 0761 07 5490  **Fax:** 0749 36 3496  [buncrana@citinfo.ie](mailto:buncrana@citinfo.ie) |
| Citizens Information  Carndonagh |  | Carndonagh CIC Public Services Centre Malin Road Carndonagh Co. Donegal | **Tel:** 074 9373741  **Fax:** 0749 37 3747  [carndonagh@citinfo.ie](mailto:carndonagh@citinfo.ie) |
| Citizens Information Service  Milford |  | Milford CIC  Public Services Centre  Milford  Co. Donegal | **Tel:** 074 9153901  [milford@citinfo.ie](mailto:milford@citinfo.ie) |

**Other**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| **White Oaks Rehabilitation Centre Donegal** | **Support Worker:** Dermott Mc Donagh | White Oaks Centre Derryvane, Muff Co Donegal | **Mobile:** 086 2537993  **Tel:** 074 9384400  **Fax:** 074 9384883  [whiteoaksrehabcentre@hotmail.com](mailto:whiteoaksrehabcentre@hotmail.com) |
| Clonmany Mental Health Association  To promote positive mental health and support those with a mental illness and their families through community based support | Kathleen Doherty | St Columcille Village,  Cleagh  Clonmany | **Tel:** 074 9378710  [khsu@eircom.net](mailto:khsu@eircom.net) |
| The Getting Together in Inishowen Club  A social club to support people with mental health difficulties | **Co-ordinator:** Christine O Kane | c/o Worklink North West  Ard clogher  Carndonagh | **Tel:** 074 9329718 |

**Support Groups**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Inishowen Disability Action Group |  | c/o Action Inishowen, Mil Brae  Carndonagh  Co. Donegal | **Tel:** 074 9374529  [actioninishowen@eircom.net](mailto:actioninishowen@eircom.net) |
| GROW  Support group for those suffering with anxiety depression or who are fearful or lonely | Maurice Mc Eniry | Tuesday  Buncrana IDP Building  Time: 7.30 pm  Behind the Library  Serenity House, Moville  Time: 8.00 pm  Turn in at AIB bank and go straight past Caiseal Mara hotel and Serentiy house is the first terrace house on the left.  Carndonagh Day Centre  Carn Hospital,  Carndonagh  Wednesday 8pm | **Tel:** 074 9161628  [info@grow.ie](mailto:info@grow.ie) |