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**Education**

**Post Primary**

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| **School** | **Contact Person** | **Contact Address:** | **Telephone Number:** |
| Gairmscoil Chú UladhMixed (VEC) | **Principal:** Fiona Bonner/ Fiona Ní Chnáimhsí **SPHE Co-ordinator:** Deidre Bonner**Guidance Counsellor:** Sean Ferry **Secretary :** Mary Molloy**HSLO:** Helen Moore | Cloghan Lifford Co. Donegal | **Tel:** 074 9546133gcu@donegalvec.ie |
| Finn Valley College Mixed (VEC) | **Principal:** Frank Dooley **Pastoral Care Worker:** Bernie Summerville **SPHE Co-ordinator:** Claudia Kennedy **Guidance Counsellor:** Bernie Summerville**Secretary**: Susan Doyle  |  LabelsDrumboe Lower, Stranorlar, Lifford ,Donegal | **Mobile:** 086 2222751 frankdooley@donegalvec.ieberniesummerville@hotmail.comclaudiakennedy@donegalvec.ie**Tel:** 074 9131684**Fax:** 074 9130923fiinvalleycollege@donegalvec.ie |
| St. Columbus College[**Home**](#Home)Mixed | **Principal:** Maeve Scully**SPHE Co-Ordinator:** Jarleth Donnellan **Guidance Counsellors:** Ms Georgina White Ms Eithne Sproule **School Completion Programme Co-ordinator:** Sadie Kelly **Secretary:** Theresa Farrell and Helen Mc Guire  | Stranorlar Co. Donegal  | **Tel:** 074 9131246**Tel:** 074 9132893**Fax:** 074 9132528 sadiekelly@donegalvec.ieStcolumbascollege1@eircom.net |
| Deele College Mixed (VEC) | **Principal:** P.J. Mc Gowan**SPHE Co-Ordinator:** Tara Friel **Guidance Counsellor:** Geraldine Brady**Secretary’s:** Anouska Mulrine And Fidelma Corry | Raphoe Co. Donegal | pjmcgowan@donegalvec.ieanouskamulrine@donegalvec.iefidelmacorry@donegalvec.ie**Tel:** 074 9145493**Fax:** 074 9144011deelecollege@donegalvec.ie |
| Royal & Prior[**Home**](#Home)Mixed | **Principal:** Howard Welch **SPHE Co-ordinator:** Mr Pat Shallow **Guidance Counsellor:** Liz Shaw**Pastoral Care:** Howard Welch**Secretary**: Gladys Smith  | Raphoe Co. Donegal | principal@royalandprior.ie**Tel:** 074 9145389**Fax:** 074 9173888admin@royalandprior.ie |
| Youthreach, Lifford MixedTraining and experience for early school leaver.Other accredited course e.g. Safe Pas, EDCL First Aid and Food Hygiene* Work experience
* Positive mental & sexual health programmes
* Outdoor activities
* Training, travel and childcare allowances

Mon – Thurs: 9am to 4pmFri: 9am to 1pm | **Coordinator**: Gillian Kennedy**Administrator:** Rachael Moore | VEC Youthreach CentreCloneigh House The Diamond Lifford Co. Donegal  | **Mobile:** 086 820 1727 gilliankennedy@donegalvec.ie**Tel:** 074 91 42114**Fax:** 074 91 42124liffordyouthreach@donegalvec.ie |
| Raphoe S.C.P. Co-ordinator | Ronnie Halliday | Deele CollegeRaphoeCo. Donegal  | **Tel:** 074 91 73874 |

**GP Surgeries**

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| **Surgery** | **Contact Person** | **Contact Address:** | **Telephone Number:** |
| Health Centre, Tamney | Dr. Margaret. Gilligan-King | TamneyLetterkenny Co. Donegal | **Tel:** 074 9159060**Fax:** 074 9159060 margaretgilliganking@eircom.net |
| Health Centre, Cloghan | Dr. John Sheerin | CloghanCo. Donegal  | **Tel:** 074 9133031**Fax:** 074 9133334jsdonegal@eircom.net |
| Lifford /Castlefin | Dr. Ciaran KellyDr. Colette McGroryDr. Martin CoyneDr. Marie Therese McKennaDr. Paul Armstrong | Lifford Health Centre, Lifford, Co. DonegalCastlefin Health CentreCastlefin Co. Donegal  | **Tel:** 074 9141024 **Fax:** 074 9141563 admin@liffordhealthcentre.com**Tel:** 074 9146694 - Castlefin |
| Stranorlar Health Centre [**Home**](#Home) | Dr Eileen CoyneDr Johnny Sweeney Dr. Brendan ForkanDr. Ursula Keegan | Health Centre, Primary Care Centre, StranorlarCo. Donegal  | **Tel:** 074 9131344**Fax:** 074 9131963 admin.stranorlarhc@nwdoc.ie |
| Mill Brae Surgery Stranorlar | Dr Aidan McMenaminDr Sally MullenDr. Brian LavelleDr. Denis McCauleyDr. Pauric Mitchell | Millbrae Surgery, The Primary Care Centre,StranorlarCo. Donegal  | **Tel:** 074 9131023**Fax:** 074 9132601 admin.millbraes@nwdoc.ie |
| Newtowncunningham Health Centre  | Dr Eamon SheaDr Meta McLaughlin | Newtowncunningham, Co Donegal  | **Tel:** 074 9156386**Fax:** 074 9156032 practicemanager@newtownhealthcentre. com |
| Raphoe/Manorcunningham/St Johnston  | Dr John Dowling Dr Jarlath Duffy | Health Centre, Manorcunningham, Co Donegal | **Tel:** 074 9145835**Fax:** 074 9145847 dowlj@eircom.net |

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**Mental Health Services**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| Mental Health Service |  | Primary Care CentreStranorlarCo. Donegal  | **Tel:** 074 9189063 |
|  | **Community Mental Health Nurse:** Maria Buchanan | Primary Care CentreStranorlar Co. Donegal | **Tel:** 07491 89063**Mobile:** 087 618 2681Marial.buchanan@hse.ie |
| Asylum Seeker & Ethnic Minority Services | **Community Health Advisor:** Catherine Brown  | Isaac Butt House Ballybofey Co. Donegal | **Tel:** 074 9189044**Mobile:** 087 4192230catherinej.brown@hse.ie |
| Donegal Living LinksPractical help information and support for persons bereaved by suicide.9am-10pm answering machine available and all calls will be returned | **Suicide Outreach Support:** Tina Quigley | Family Enrichment CentreStranorlarCo. Donegal | **Tel:** 074 9131245**Mobile:** 087 9286007 |

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**Crisis Intervention Services**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| Social Welfare Local Office |  | Unit 1Garvan CourtMain StreetBallybofeyCo. Donegal | **Tel:** 074 913 0490**Fax:** 074 913 0250 |
| Community Welfare Officer | Annemarie Beirne Peter Gallagher  | Library buildingNavenny StreetBallybofey | **Tel:** 074 91 30023- Annemarie**Tel:** 074 91 30018 - Peter**Tel:** 074 91 31154 |
| Garda StationBallybofey |  | BallybofeyCo. Donegal | **Tel:** 074 9137740 Public Office**Tel:** 0749137743 Sergeants Office |
| Garda StationNewtown Cunningham |  | Newtown CunninghamCo. Donegal | **Tel:** 074 915 6113 |
| Garda StationLifford |  | LiffordCo. Donegal | **Tel:** 074 914 1000**Fax:** 074 914 1202 |
| Garda Station[**Home**](#Home)Raphoe |  | RaphoeCo. Donegal | **Tel:** 074 914 5114 |
| Donegal Child Protection Services During office hours there is a duty social worker available at the addresses listed and they respond to all enquiries in relation to child protection or welfare issues in respect of children. The service strives to respond to each report on the day that it is received or the following day. Any query or concern in relation to children out of hours should be reported immediately to An Garda Siochana |  |   | East Central Letterkenny **Tel:** 074 9123672 |

**Education and Training**

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| **Service**  | **Contact Person** | **Contact Address** | **Contact Number**  |
| FAS  |  | Dunfril House, Chestnut RoadBallybofey, Co. Donegal | **Tel:** 074 9130384 |

**Youth Services**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| [Castlefinn Youth Club](http://www.donegalyouthservice.ie/node/101)DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue  | CPI Centre, Castlefinn | **Tel:** 074 9129630yop@donegalyouthservice.ie**Opening Times:** Thurs: 7pm to 9 pmFriday: 7pm to 9 pm |
| Planet Youth Drop in Centre Activities: DYSTable TennisArt ProjectsSummer ProgrammeLeader TrainingYESIP ProjectDYS Variety ShowDrugs/Alcohol ProgrammesDiversity Programmes | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Unit 7, Dunfril House,Chestnut Road, Ballybofey, Co. Donegal | **Tel:** 074 91 29630yop@donegalyouthservice.ie**Opening Times:**Mon – Fri: 12pm - 2:30pmThus: 7pm to 9pm |
| [Newtowncunningham Youth Centre](http://www.donegalyouthservice.ie/node/123)DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue |  | **Tel:** 074 91 29630yop@donegalyouthservice.ie |
| Newtowncunningham Foroige Club[**Home**](#Home)Newtowncunningham Foroige Junior Club Raphoe Foroige Club | **Regional Youth Officer North Donegal:** Jacqueline Doherty | Foróige OfficeLevel 2 Cedar HouseMain Street,BallybofeyCo Donegal | **Mobile:** 086 7808867jacqueline.doherty@foroige.ieCheck us out on Facebook @ North Donegal Foroige Clubs |
| Teen Parenting Support ProgrammeDonegal | **TPSP Workers:** Tara Rowan**TPSP Workers:** Michelle Mc Guire | Foroige OfficeLevel 2 Cedar HouseMain Street,BallybofeyCo Donegal | **Mobile:** 086 8371335tara.rowan@foroige.ie**Mobile:** 086 8186345michelle.mcguire@foroige.ie**Tel:** 074 9190141 |
| Donegal Drug & Alcohol Prevention & Education InitiativeDonegal | Vanessa Collins | Level 2 Cedar HouseMain Street,BallybofeyCo Donegal | **Mobile:** 0860481977vanessa.scahill@foroige.ie**Tel:** 074 9190141 |
| Big Brother Big SisterDonegal | Finghin Mc Lafferty | Level 2 Cedar HouseMain Street,BallybofeyCo Donegal  | **Mobile:** 086 8213756finghinmclafferty@foroige.ie |
| The Leaf Justice Project , RaphoeForoigeA community based multi-agency crime prevention initiative. To divert young people from becoming involved in crime. To reduce anti-social behaviour. To promote personal development and civic responsibility | **Project Worker:** Nuala Plunkett**Project Worker:** Jane Mc Lean  | The DiamondRaphoeCo. Donegal  | **Mobile:** 086 9082720Nuala.plunkett@foroige.ie**Mobile:** 086 0841957Jane.mclean@foroige.ie**Tel:** 074 91 44904 |

**Family Support Services**

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| **Service** | **Contact Person**  | **Contact Address** | **Contact Number**  |
| SpringboardThe purpose of Springboard is to work with children and families in order to provide intensive family support to those most vulnerable to ensure best outcomes for them. Services provided include:- Home visits, Parent & Toddler, Parenting Plus, Personal Development, Teen Programmes, After School programmes and Individual work and many other services. Our catchment area is Raphoe, Balybofey, Stranorlar, Convoy, St. Johnston, Manorcunningham, Lifford, Ballindrait, Castlefinn, Liscooley, Killygordon, Cloghan, Drumkeen and Carrigans. | **Project Leader:** Ms Sheena Pearse,  | Castle Grove Raphoe Co. Donegal  | **Tel:** 074 9173918sheena.springboardraph@hotmail.co.uk**Mon – Fri**: 9am – 5pm |
| Family Enrichment CentreThe Centre offers a counselling service to individual, families & children. The Family Enrichment Centre is a place of welcome for individuals from across the community. The services provided are to enable those who come to experience more creative living in a stress-free environment. Programmes delivered include: - Rainbows. Assertiveness. Anger Management. ASIST. Positive Parenting. Yoga. Support Groups - GROW, Forever Fathers, Living Links | **Co-Ordinator:** Sr. Anne McLoone | Stranorlar,Co. Donegal | **Tel:** 074 91 31245familyenrichmentcentre@gmail.com  |
| Raphoe Family Resource Centre[**Home**](#Home)Youth Café for secondary school studentsInter church youth forumCapacity building for people with disabilitiesOutreach work in local social housing estatesYoung mothers groupWomen’s groupMen’s initiativeCommunity gardens/allotmentsCounselling servicesCommunity caféCommunity education programme | **Development Worker:** Melaine Sweeney**Co-ordinator:** Tony Mc Daid | Raphoe FRC,William St.RaphoeCo. Donegal  | melaineraphoefrc@eircom.net**Tel:** 074 91 45796raphoefrc@eirocm.net**Opening Times:**Mon – Thurs: 9am-5pmFri: 9am – 4pmCertain activities/programmes take place on evenings and weekends |
| St Johnston and Carrigans Family resource CentreInformation advice support and advocacyWomen’s group/men’s group/ craft clubs, men’s health forumCounselling & Parenting coursesLiteracyYoga pilates dancing bowlsYouth after school club/youth drop in | **Coordinator:** Mary Crossan | Chapel RoadSt JohnstonLiffordCo. Donegal  | **Tel:** 074 9148551stjohnresource@eircom.net**Opening Times:**Mon – Fri: 9am to 5pm & 6pm-10pm |
| Lifford/Clonleigh Resource CentreCE SchemesYouth ProgrammesLone Parents groupWomen’s GroupsParent and Toddler Groups | **Co-ordinator:** Brid Foley | Croaghan Heights,LiffordCo. Donegal  | **Tel:** 074 91 41773bridliffclonrc@eircom.netliffclonrc@eircom.net**Opening Times**Mon – Fri: 9am - 4.30pm & 6pm to 10pm |
| St Vincent De Paul[**Home**](#Home)Person to person contact for those who need supportFamily visitationSupport for older people in to communityPrison visitationInformation and support on housing and hostel accommodationFinancial advisory serviceYouth centre and holiday home | Eddie Shiels | The DiamondRaphoeCo. Donegal  | **Mobile:** 0868051910svpnorthwest@gmail.com**Tel:** 074 9173933Regional Office for the County**Website:**[www.svp.ie](http://www.svp.ie) |

**Other**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| Irish Wheel Chair Association Provide informationAssisted living services – supports carer’sSchool of motoringParking discsRespite in holiday centresDay servicesPeer counsellingAccessible transport | **Coordinator:** Mary Mc Grenra | Main Street ManorcunninghamCo. Donegal  | **Tel:** 074 9157393marymcgrenra@iwa.ie**Office Hours:** Mon to Fri**Website:** [www.iwa.ie](http://www.iwa.ie) |

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**Support Groups**

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| **Service**  | **Contact Person**  | **Contact Address** | **Contact Number**  |
| GROW12 step programme to help people who have suffered or are suffering from mental health problems | Elaine Patton | **Tuesday**Family Enrichment Centre, StranorlarCo. Donegal **Time:** 7.30 pm | grow@hse.ie**Tel: 1890 474 474****Or****Tel: 074 9161628**[www.grow.ie](http://www.grow.ie)The Family Enrichment Centre is up Drumboe Avenue. Turn in right as if you were going to St. Colomba’s school. As you go into the school entrance there is a road up to the left with a small sign saying “Family Enrichment Centre”. |