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**Education**

**Post Primary**

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| **School** | **Contact Person** | **Contact Address:** | **Telephone Number:** |
| Gairmscoil Chú Uladh  Mixed (VEC) | **Principal:** Fiona Bonner/ Fiona Ní Chnáimhsí  **SPHE Co-ordinator:** Deidre Bonner  **Guidance Counsellor:** Sean Ferry  **Secretary :** Mary Molloy  **HSLO:** Helen Moore | Cloghan  Lifford  Co. Donegal | **Tel:** 074 9546133  [gcu@donegalvec.ie](mailto:gcu@donegalvec.ie) |
| Finn Valley College  Mixed (VEC) | **Principal:** Frank Dooley  **Pastoral Care Worker:** Bernie Summerville    **SPHE Co-ordinator:** Claudia Kennedy  **Guidance Counsellor:** Bernie Summerville  **Secretary**: Susan Doyle | LabelsDrumboe Lower,  Stranorlar,  Lifford ,  Donegal | **Mobile:** 086 2222751  [frankdooley@donegalvec.ie](mailto:frankdooley@donegalvec.ie)  [berniesummerville@hotmail.com](mailto:berniesummerville@hotmail.com)  [claudiakennedy@donegalvec.ie](mailto:claudiakennedy@donegalvec.ie)  **Tel:** 074 9131684  **Fax:** 074 9130923  [fiinvalleycollege@donegalvec.ie](mailto:fiinvalleycollege@donegalvec.ie) |
| St. Columbus College  [**Home**](#Home)  Mixed | **Principal:** Maeve Scully  **SPHE Co-Ordinator:** Jarleth Donnellan  **Guidance Counsellors:** Ms Georgina White  Ms Eithne Sproule  **School Completion Programme Co-ordinator:** Sadie Kelly  **Secretary:** Theresa Farrell and Helen Mc Guire | Stranorlar  Co. Donegal | **Tel:** 074 9131246  **Tel:** 074 9132893  **Fax:** 074 9132528  [sadiekelly@donegalvec.ie](mailto:sadiekelly@donegalvec.ie)  [Stcolumbascollege1@eircom.net](mailto:Stcolumbascollege1@eircom.net) |
| Deele College  Mixed (VEC) | **Principal:** P.J. Mc Gowan  **SPHE Co-Ordinator:** Tara Friel  **Guidance Counsellor:** Geraldine Brady  **Secretary’s:** Anouska Mulrine  And Fidelma Corry | Raphoe  Co. Donegal | [pjmcgowan@donegalvec.ie](mailto:pjmcgowan@donegalvec.ie)  [anouskamulrine@donegalvec.ie](mailto:anouskamulrine@donegalvec.ie)  [fidelmacorry@donegalvec.ie](mailto:fidelmacorry@donegalvec.ie)  **Tel:** 074 9145493  **Fax:** 074 9144011  [deelecollege@donegalvec.ie](mailto:deelecollege@donegalvec.ie) |
| Royal & Prior  [**Home**](#Home)  Mixed | **Principal:** Howard Welch  **SPHE Co-ordinator:** Mr Pat Shallow  **Guidance Counsellor:** Liz Shaw  **Pastoral Care:** Howard Welch  **Secretary**: Gladys Smith | Raphoe  Co. Donegal | [principal@royalandprior.ie](mailto:principal@royalandprior.ie)  **Tel:** 074 9145389  **Fax:** 074 9173888  [admin@royalandprior.ie](mailto:admin@royalandprior.ie) |
| Youthreach, Lifford  Mixed  Training and experience for early school leaver.  Other accredited course e.g. Safe Pas, EDCL First Aid and Food Hygiene   * Work experience * Positive mental & sexual health programmes * Outdoor activities * Training, travel and childcare allowances   Mon – Thurs: 9am to 4pm  Fri: 9am to 1pm | **Coordinator**: Gillian Kennedy  **Administrator:** Rachael Moore | VEC Youthreach Centre  Cloneigh House  The Diamond  Lifford  Co. Donegal | **Mobile:** 086 820 1727  [gilliankennedy@donegalvec.ie](mailto:gilliankennedy@donegalvec.ie)  **Tel:** 074 91 42114  **Fax:** 074 91 42124  [liffordyouthreach@donegalvec.ie](mailto:liffordyouthreach@donegalvec.ie) |
| Raphoe S.C.P. Co-ordinator | Ronnie Halliday | Deele College  Raphoe  Co. Donegal | **Tel:** 074 91 73874 |

**GP Surgeries**

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| **Surgery** | **Contact Person** | **Contact Address:** | **Telephone Number:** |
| Health Centre, Tamney | Dr. Margaret. Gilligan-King | Tamney  Letterkenny  Co. Donegal | **Tel:** 074 9159060  **Fax:** 074 9159060  [margaretgilliganking@eircom.net](mailto:margaretgilliganking@eircom.net) |
| Health Centre, Cloghan | Dr. John Sheerin | Cloghan  Co. Donegal | **Tel:** 074 9133031  **Fax:** 074 9133334  [jsdonegal@eircom.net](mailto:jsdonegal@eircom.net) |
| Lifford /Castlefin | Dr. Ciaran Kelly  Dr. Colette McGrory  Dr. Martin Coyne  Dr. Marie Therese McKenna  Dr. Paul Armstrong | Lifford Health Centre,  Lifford,  Co. Donegal  Castlefin Health Centre  Castlefin  Co. Donegal | **Tel:** 074 9141024  **Fax:** 074 9141563  [admin@liffordhealthcentre.com](mailto:admin@liffordhealthcentre.com)  **Tel:** 074 9146694 - Castlefin |
| Stranorlar Health Centre  [**Home**](#Home) | Dr Eileen Coyne  Dr Johnny Sweeney  Dr. Brendan Forkan  Dr. Ursula Keegan | Health Centre,  Primary Care Centre,  Stranorlar  Co. Donegal | **Tel:** 074 9131344  **Fax:** 074 9131963  [admin.stranorlarhc@nwdoc.ie](mailto:admin.stranorlarhc@nwdoc.ie) |
| Mill Brae Surgery Stranorlar | Dr Aidan McMenamin  Dr Sally Mullen  Dr. Brian Lavelle  Dr. Denis McCauley  Dr. Pauric Mitchell | Millbrae Surgery,  The Primary Care Centre,  Stranorlar  Co. Donegal | **Tel:** 074 9131023  **Fax:** 074 9132601  [admin.millbraes@nwdoc.ie](mailto:admin.millbraes@nwdoc.ie) |
| Newtowncunningham Health Centre | Dr Eamon Shea  Dr Meta McLaughlin | Newtowncunningham,  Co Donegal | **Tel:** 074 9156386  **Fax:** 074 9156032  [practicemanager@newtownhealthcentre. com](mailto:practicemanager@newtownhealthcentre.com) |
| Raphoe/Manorcunningham/St Johnston | Dr John Dowling  Dr Jarlath Duffy | Health Centre, Manorcunningham,  Co Donegal | **Tel:** 074 9145835  **Fax:** 074 9145847  [dowlj@eircom.net](mailto:dowlj@eircom.net) |

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**Mental Health Services**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Mental Health Service |  | Primary Care Centre  Stranorlar  Co. Donegal | **Tel:** 074 9189063 |
|  | **Community Mental Health Nurse:** Maria Buchanan | Primary Care Centre  Stranorlar  Co. Donegal | **Tel:** 07491 89063  **Mobile:** 087 618 2681  [Marial.buchanan@hse.ie](mailto:Marial.buchanan@hse.ie) |
| Asylum Seeker & Ethnic Minority Services | **Community Health Advisor:** Catherine Brown | Isaac Butt House  Ballybofey  Co. Donegal | **Tel:** 074 9189044  **Mobile:** 087 4192230  [catherinej.brown@hse.ie](mailto:catherinej.brown@hse.ie) |
| Donegal Living Links  Practical help information and support for persons bereaved by suicide.  9am-10pm answering machine available and all calls will be returned | **Suicide Outreach Support:** Tina Quigley | Family Enrichment Centre  Stranorlar  Co. Donegal | **Tel:** 074 9131245  **Mobile:** 087 9286007 |

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**Crisis Intervention Services**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Social Welfare Local Office |  | Unit 1 Garvan Court Main Street Ballybofey Co. Donegal | **Tel:** 074 913 0490  **Fax:** 074 913 0250 |
| Community Welfare Officer | Annemarie Beirne  Peter Gallagher | Library building  Navenny Street  Ballybofey | **Tel:** 074 91 30023- Annemarie  **Tel:** 074 91 30018 - Peter  **Tel:** 074 91 31154 |
| Garda Station  Ballybofey |  | Ballybofey Co. Donegal | **Tel:** 074 9137740  Public Office  **Tel:** 0749137743  Sergeants Office |
| Garda Station  Newtown Cunningham |  | Newtown Cunningham Co. Donegal | **Tel:** 074 915 6113 |
| Garda Station  Lifford |  | Lifford Co. Donegal | **Tel:** 074 914 1000  **Fax:** 074 914 1202 |
| Garda Station  [**Home**](#Home)  Raphoe |  | Raphoe Co. Donegal | **Tel:** 074 914 5114 |
| Donegal Child Protection Services  During office hours there is a duty social worker available at the addresses listed and they respond to all enquiries in relation to child protection or welfare issues in respect of children. The service strives to respond to each report on the day that it is received or the following day. Any query or concern in relation to children out of hours should be reported immediately to An Garda Siochana |  |  | East Central Letterkenny  **Tel:** 074 9123672 |

**Education and Training**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| FAS |  | Dunfril House,  Chestnut Road Ballybofey,  Co. Donegal | **Tel:** 074 9130384 |

**Youth Services**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| [Castlefinn Youth Club](http://www.donegalyouthservice.ie/node/101)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue | CPI Centre,  Castlefinn | **Tel:** 074 9129630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Times:**  Thurs: 7pm to 9 pm  Friday: 7pm to 9 pm |
| Planet Youth Drop in Centre Activities: DYS  Table Tennis  Art Projects  Summer Programme  Leader Training  YESIP Project  DYS Variety Show  Drugs/Alcohol Programmes  Diversity Programmes | **Contact:** Sheena Boyle-Laverty / Charlene Logue | Unit 7,  Dunfril House,  Chestnut Road,  Ballybofey,  Co. Donegal | **Tel:** 074 91 29630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie)  **Opening Times:**  Mon – Fri: 12pm - 2:30pm  Thus: 7pm to 9pm |
| [Newtowncunningham Youth Centre](http://www.donegalyouthservice.ie/node/123)  DYS | **Contact:** Sheena Boyle-Laverty / Charlene Logue |  | **Tel:** 074 91 29630  [yop@donegalyouthservice.ie](mailto:yop@donegalyouthservice.ie) |
| Newtowncunningham Foroige Club  [**Home**](#Home)  Newtowncunningham Foroige Junior Club  Raphoe Foroige Club | **Regional Youth Officer North Donegal:** Jacqueline Doherty | Foróige Office  Level 2 Cedar House  Main Street,  Ballybofey  Co Donegal | **Mobile:** 086 7808867  [jacqueline.doherty@foroige.ie](mailto:jacqueline.doherty@foroige.ie)  Check us out on Facebook @ North Donegal Foroige Clubs |
| Teen Parenting Support Programme Donegal | **TPSP Workers:** Tara Rowan  **TPSP Workers:** Michelle Mc Guire | Foroige Office  Level 2 Cedar House  Main Street,  Ballybofey  Co Donegal | **Mobile:** 086 8371335  [tara.rowan@foroige.ie](mailto:tara.rowan@foroige.ie)  **Mobile:** 086 8186345  [michelle.mcguire@foroige.ie](mailto:michelle.mcguire@foroige.ie)  **Tel:** 074 9190141 |
| Donegal Drug & Alcohol Prevention & Education Initiative Donegal | Vanessa Collins | Level 2 Cedar House  Main Street,  Ballybofey  Co Donegal | **Mobile:** 0860481977  [vanessa.scahill@foroige.ie](mailto:vanessa.scahill@foroige.ie)    **Tel:** 074 9190141 |
| Big Brother Big Sister Donegal | Finghin Mc Lafferty | Level 2 Cedar House  Main Street,  Ballybofey  Co Donegal | **Mobile:** 086 8213756  [finghinmclafferty@foroige.ie](mailto:finghinmclafferty@foroige.ie) |
| The Leaf Justice Project , Raphoe  Foroige  A community based multi-agency crime prevention initiative. To divert young people from becoming involved in crime. To reduce anti-social behaviour. To promote personal development and civic responsibility | **Project Worker:** Nuala Plunkett  **Project Worker:** Jane Mc Lean | The Diamond  Raphoe  Co. Donegal | **Mobile:** 086 9082720  [Nuala.plunkett@foroige.ie](mailto:Nuala.plunkett@foroige.ie)  **Mobile:** 086 0841957  [Jane.mclean@foroige.ie](mailto:Jane.mclean@foroige.ie)  **Tel:** 074 91 44904 |

**Family Support Services**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Springboard  The purpose of Springboard is to work with children and families in order to provide intensive family support to those most vulnerable to ensure best outcomes for them. Services provided include:- Home visits, Parent & Toddler, Parenting Plus, Personal Development, Teen Programmes, After School programmes and Individual work and many other services. Our catchment area is Raphoe, Balybofey, Stranorlar, Convoy, St. Johnston, Manorcunningham, Lifford, Ballindrait, Castlefinn, Liscooley, Killygordon, Cloghan, Drumkeen and Carrigans. | **Project Leader:** Ms Sheena Pearse, | Castle Grove  Raphoe  Co. Donegal | **Tel:** 074 9173918  [sheena.springboardraph@hotmail.co.uk](mailto:sheena.springboardraph@hotmail.co.uk)  **Mon – Fri**: 9am – 5pm |
| Family Enrichment Centre  The Centre offers a counselling service to individual, families & children. The Family Enrichment Centre is a place of welcome for individuals from across the community. The services provided are to enable those who come to experience more creative living in a stress-free environment. Programmes delivered include: - Rainbows. Assertiveness. Anger Management. ASIST. Positive Parenting. Yoga. Support Groups - GROW, Forever Fathers, Living Links | **Co-Ordinator:** Sr. Anne McLoone | Stranorlar,  Co. Donegal | **Tel:** 074 91 31245  [familyenrichmentcentre@gmail.com](mailto:familyenrichmentcentre@gmail.com) |
| Raphoe Family Resource Centre  [**Home**](#Home)  Youth Café for secondary school students  Inter church youth forum  Capacity building for people with disabilities  Outreach work in local social housing estates  Young mothers group  Women’s group  Men’s initiative  Community gardens/allotments  Counselling services  Community café  Community education programme | **Development Worker:** Melaine Sweeney  **Co-ordinator:** Tony Mc Daid | Raphoe FRC,  William St.  Raphoe  Co. Donegal | [melaineraphoefrc@eircom.net](mailto:melaineraphoefrc@eircom.net)  **Tel:** 074 91 45796  [raphoefrc@eirocm.net](mailto:raphoefrc@eirocm.net)  **Opening Times:**  Mon – Thurs: 9am-5pm  Fri: 9am – 4pm  Certain activities/programmes take place on evenings and weekends |
| St Johnston and Carrigans Family resource Centre  Information advice support and advocacy  Women’s group/men’s group/ craft clubs, men’s health forum  Counselling & Parenting courses  Literacy  Yoga pilates dancing bowls  Youth after school club/youth drop in | **Coordinator:** Mary Crossan | Chapel Road  St Johnston  Lifford  Co. Donegal | **Tel:** 074 9148551  [stjohnresource@eircom.net](mailto:stjohnresource@eircom.net)  **Opening Times:**  Mon – Fri:  9am to 5pm & 6pm-10pm |
| Lifford/Clonleigh Resource Centre  CE Schemes  Youth Programmes  Lone Parents group  Women’s Groups  Parent and Toddler Groups | **Co-ordinator:** Brid Foley | Croaghan Heights,  Lifford  Co. Donegal | **Tel:** 074 91 41773  [bridliffclonrc@eircom.net](mailto:bridliffclonrc@eircom.net)  [liffclonrc@eircom.net](mailto:liffclonrc@eircom.net)  **Opening Times**  Mon – Fri: 9am - 4.30pm & 6pm to 10pm |
| St Vincent De Paul  [**Home**](#Home)  Person to person contact for those who need support  Family visitation  Support for older people in to community  Prison visitation  Information and support on housing and hostel accommodation  Financial advisory service  Youth centre and holiday home | Eddie Shiels | The Diamond  Raphoe  Co. Donegal | **Mobile:** 0868051910  [svpnorthwest@gmail.com](mailto:svpnorthwest@gmail.com)  **Tel:** 074 9173933  Regional Office for the County  **Website:**  [www.svp.ie](http://www.svp.ie) |

**Other**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| Irish Wheel Chair Association  Provide information  Assisted living services – supports carer’s  School of motoring  Parking discs  Respite in holiday centres  Day services  Peer counselling  Accessible transport | **Coordinator:** Mary Mc Grenra | Main Street  Manorcunningham  Co. Donegal | **Tel:** 074 9157393  [marymcgrenra@iwa.ie](mailto:marymcgrenra@iwa.ie)  **Office Hours:**  Mon to Fri  **Website:**  [www.iwa.ie](http://www.iwa.ie) |

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**Support Groups**

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| **Service** | **Contact Person** | **Contact Address** | **Contact Number** |
| GROW  12 step programme to help people who have suffered or are suffering from mental health problems | Elaine Patton | **Tuesday**  Family Enrichment Centre, Stranorlar  Co. Donegal  **Time:** 7.30 pm | [grow@hse.ie](mailto:grow@hse.ie)  **Tel: 1890 474 474**  **Or**  **Tel: 074 9161628**  [www.grow.ie](http://www.grow.ie)  The Family Enrichment Centre is up Drumboe Avenue. Turn in right as if you were going to St. Colomba’s school. As you go into the school entrance there is a road up to the left with a small sign saying “Family Enrichment Centre”. |