



**etb**

Bord Oideachais agus  
Oiliúna Dhún na nGall  
Donegal Education and  
Training Board



Oideachais Aosaigh  
Adult Education



aontas

## Adult Learners' Festival

**24th February – 1st March 2014**

<b>Name of Organisation and Contact Details</b>	<b>Event</b>	<b>Location</b>	<b>Date and Time</b>	<b>Who is event aimed at?</b>
Donegal Education and Training Board  074 9725522	Presentation of FETAC Awards Bronnadh Teastais FETAC	Ionad Naomh Pádraig Dobhar, Gaoth Dobhar	Monday 24 <sup>th</sup> February 2014 - 8.30pm	Students who achieved FETAC certification in Healthcare & Construction Studies and those interested in returning to study
Donegal Education and Training Board  074 9721705	Presentation of Awards Ceremony	Villa Rose Hotel, Ballybofey	Thursday 27 <sup>th</sup> February 2014 – 6.45pm	Donegal ETB Adult Education Services - Annual Presentation Evening to students from Donegal Town, Letterkenny, Milford, Buncrana, Gortahork and Ballyshannon

<p>Donegal Education and Training Board</p> <p>Contact: Emma Logue, Murlog School – 074 9141450 or</p> <p>Donegal ETB – 074 9721705/086 6474122</p>	<p>Maths Workshop “Exploring and Getting to Grips with Maths” for parents</p>	<p>Murlog School, Lifford</p>	<p>Starts Thursday 27th February 2014 - 10am- 11.30am</p>	<p>Open to all Parents</p>
<p>Bord Oideachais agus Oiliúna Dhún na nGall</p> <p>074 9135218</p>	<p>Ceardlann do Fhoghlaimeoirí Gaeilge – idir léamh’s scríobh</p>	<p>Ionad Oideachais Aosaigh, Gort a’Choirce</p>	<p>Dé Luain 24<sup>ú</sup> Feabhra 2014 – 10–4 i.n.</p>	<p>Cainteoirí líofa gur mhaith leo cuidiú le Gaeilge a scríobh.</p>
<p>Bord Oideachais agus Oiliúna Dhún na nGall</p> <p>074 9135218</p>	<p>Ceardlann do Fhoghlaimeoirí Gaeilge – idir léamh’s scríobh</p>	<p>Ionad Oideachais Aosaigh, Gort a’Choirce</p>	<p>Dé Máirt 25<sup>ú</sup> Feabhra 2014 – 10–4 i.n.</p>	<p>Cainteoirí líofa gur mhaith leo cuidiú le Gaeilge a scríobh.</p>
<p>Downstrands Family Resource Centre</p> <p>074 9545879</p>	<p>‘Up-cycling Workshop’ Up-cycle unwanted clothes and textiles into ingenious crafts and discover your creative side! €5</p>	<p>The Dolmen Centre Kilclooney Portnoo</p>	<p>Tuesday 25<sup>th</sup> February 2014 7.30pm –</p>	<p>Adults</p>

			9.30pm	
Downstrands Family Resource Centre 074 9545879	'Stress Control' Talks A series of 6 talks starts on Thursday 27 <sup>th</sup> February 2014. The talks provide an understanding of stress, its affect on body and mind and how to control stress, panic and sleep. FREE	The Dolmen Centre Kilclooney Portnoo	Starts on Thursday 27 <sup>th</sup> February 2014 8.00pm – 10.00pm	Adults
Downstrands Family Resource Centre 074 9545879	'Green Steps' A series of 4 easy exercise classes starts on 26 <sup>th</sup> February 2014. Reduce blood pressure, improve blood sugar levels and maintain a healthy weight. €10 for the 4 sessions includes a pedometer to count your steps.	The Dolmen Centre Kilclooney Portnoo	Classes start Wednesday 26 <sup>th</sup> February 2014 11.00am – 12noon	Adults who want to start exercising
Inishowen Development Partnership 074 9362218	Computer Classes: Get the Most from your iPad/Tablet Computer Basics/Internet Usage European Computer Driving Licence (ECDL) Computer Literacy (FETAC Level 3)	Carndonagh and Buncrana – ring for details (074 9362218)	Various	Open to all adults

Carndonagh Men's Shed / IDP 086 1097455	Furniture Restoration workshop (Monday 24 <sup>th</sup> February 2014 )	Carndonagh Mens Shed	Monday 24 <sup>th</sup> February 2014 7pm - 9pm	Men
Inishowen Development Partnership 074 9362218	Electronics/Robotics FL4 10 week course (Starts Thursday 27 <sup>th</sup> February 2014)	Buncrana or Carndonagh	Starts Thursday 27 <sup>th</sup> February 2014 10am – 2pm	Open
NCCWN-Donegal Women's Network, Donegal Town 074 9722790	A morning of holistic healing and self-care facilitated by Edna Meehan on Thursday 27 <sup>th</sup> February 2014	6 Tír Chonaill Street., Donegal Town	Thursday 27 <sup>th</sup> February 2014 10.30 am - 12.00noon	Women of all ages
St Johnston & Carrigans Family Resource Centre 074 9148551	Starting a Book Club Supported by Donegal County Library Tuesday 25 <sup>th</sup> February 2014	St Johnston & Carrigans Family Resource Centre	Tuesday 25 <sup>th</sup> February 2014 10.30am – 12noon	Anyone who enjoys reading and sharing their experiences and thoughts about their book with others in an informal group setting
St Johnston & Carrigans Family Resource Centre	Baby & Me education information and networking	St Johnston & Carrigans Family Resource Centre	Thursday 27 <sup>th</sup> February	Parents, mums, dads, parents to be, foster

074 9148551	event Thursday 27 <sup>th</sup> February 2014		2014 10.00am - 12.30pm	parents and grandparents of children under 5
Mevagh Family Resource Centre, Downings  074 9155055	Wellbeing for Me Course (3 weeks)	Mevagh Family Resource Centre, Downings	Starts Monday 24 <sup>th</sup> February 2014 7pm -10pm	Open
Mevagh Family Resource Centre, Downings  074 9155055	Introduction to Social Media	Mevagh Family Resource Centre, Downings	Tuesday 25 <sup>th</sup> February 2014 10.30am –12 noon	Open
Mevagh Family Resource Centre, Downings  074 9155055	Qi Gong Course (6 weeks)	Mevagh Family Resource Centre, Downings	Starts Tuesday 25 <sup>th</sup> February 2014 11am – 12noon	Open
Mevagh Family Resource Centre, Downings  074 9155055	Mindfulness Course (Mevagh Mens Group)	Mevagh Family Resource Centre, Downings	Tuesday 25 <sup>th</sup> February 2014 8pm – 9.30pm	Open

Mevagh Family Resource Centre, Downings  074 9155055	Investigation IPAD use	Mevagh Family Resource Centre, Downings	Wednesday 26 <sup>th</sup> February 2014 10.30am – 12noon	Open
Mevagh Family Resource Centre, Downings  074 9155055	Introduction to Social Media	Mevagh Family Resource Centre, Downings	Thursday 27 <sup>th</sup> February 2014 10.30am – 12noon	Open
Mevagh Family Resource Centre, Downings  074 9155055	Traditional Barrel Making (Sheephaven Mens Shed Group)	Mevagh Family Resource Centre, Downings	Thursday 27 <sup>th</sup> February 2014 7pm – 10pm	Sheephaven Mens Shed Group

This programme is being supported by Donegal ETB Community Education Support Programme