

Excellence in Outdoor Learning

DONEGAL EDUCATION AND TRAINING BOARD LAUNCH WEEK

SPORTS DAY 23rd October 2013 @ Gartan, Donegal ETB's highly regarded Outdoor Education and Adventure Sports Training Centre

Choose <u>3</u> activities MAX during morning <u>or</u> afternoon, phone or email and book your sessions, pay the €4 per person** charity contribution and like us on facebook ^(C) Numbers are limited for each session, so early booking is recommended!

Session Times		Choose <u>3</u> activities maximum	
AM	РМ		
11		-Mountain Bike Skills	-Canadian Canoeing Raft
10.00 - 11.00	13.30 - 14.30	-Fitness in the	-Art in the Woods
11.00 - 12.00	14.30 - 15.30	outdoors	-Navigation fun
12.00 - 13.00	15.30-16.30	-Archery	-Tree climbing
12.00 - 13.00	15.50-10.50	-Rock Climbing Wall	

Booking is essential

** €4 per person or €6 per family (1 adult and up to 2 children). This is a charitable donation to Make a Wish Foundation and Autism Ireland Gartan OEC Church Hill Letterkenny 074 9137032 <u>office@gartan.com</u> www.gartan.com



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